

# CURRICULUM VITAE

VICKI R. VOSKUIL

Assistant Professor of Nursing  
Hope College  
Holland, MI  
(616) 395-7421

2018

## EDUCATION & PROFESSIONAL TRAINING:

PhD	Nursing	2016	Michigan State University
MS	Nursing	1994	University of Michigan
BSN	Nursing	1989	Calvin College

## TEACHING FIELDS:

Primary: Nursing  
Secondary: Not applicable

## COURSES TAUGHT:

2018-2019	NURS 255: Health Assessment NURS 418: Nursing Research Practicum NURS 490: Research in Nursing IDS 495: Senior Seminar – Run for Your Life
2017-2018	NURS 255: Health Assessment NURS 418: Nursing Research Practicum IDS 495: Senior Seminar – Run For Your Life
2016-2017	NURS 255: Health Assessment NURS 418: Nursing Research Practicum
2015-2016	NURS 255: Health Assessment NURS 315: Family Health Nursing Theory and Practicum NURS 418: Nursing Research Practicum
2014-2015	NURS 255: Health Assessment NURS 315: Family Health Nursing Theory and Practicum
2013-2014	NURS 255: Health Assessment NURS 320: Pathophysiology NURS 418: Nursing Research Practicum
2012-2013	NURS 255: Health Assessment

## **COURSES TAUGHT: (Continued)**

2011-2012	NURS 255: Health Assessment NURS 315: Family Health Nursing Theory & Practicum NURS 320: Pathophysiology NURS 490: Independent Study in Nursing
2010-2011	NURS 255: Health Assessment NURS 305: Family Health Nursing Theory & Practicum I NURS 315: Family Health Nursing Theory & Practicum II NURS 320: Pathophysiology NURS 490: Independent Study in Nursing
2009-2010	NURS 255: Health Assessment NURS 305: Family Health Nursing Theory & Practicum I NURS 315: Family Health Nursing Theory & Practicum II NURS 345: Pediatric Nursing Theory
2008-2009	NURS 255: Health Assessment NURS 305: Family Health Nursing Theory & Practicum I NURS 315: Family Health Nursing Theory & Practicum II NURS 345: Pediatric Nursing Theory
2007-2008	NURS 255: Health Assessment NURS 305: Family Health Nursing Theory & Practicum I NURS 315: Family Health Nursing Theory & Practicum II
2006-2007	NURS 255: Health Assessment NURS 305: Family Health Nursing Theory & Practicum I NURS 315: Family Health Nursing Theory & Practicum II
2005-2006	NURS 345: Pediatric Nursing Practicum NURS 440: Community-Based Nursing Theory & Practicum
2004-2005	NURS 345: Pediatric Nursing Practicum NURS 440: Community-Based Nursing Theory & Practicum

## **EMPLOYMENT & PROFESSIONAL TRAINING:**

2012 – Present:	Curriculum & Practicum Director, Hope College Nursing Department Hope College, Holland, Michigan
2004 – Present:	Assistant Professor of Nursing, Hope College Nursing Department Hope College, Holland, Michigan
2001 – 2004:	Pediatric Nurse Practitioner – Primary Care N.E.W. Community Clinic, Green Bay, Wisconsin

**EMPLOYMENT  
& PROFESSIONAL TRAINING: (Continued)**

- 1995 – 1998: Pediatric Nurse Practitioner – Primary Care  
Pediatric Associates, San Jose, California
- 1994 – 1995: Pediatric Nurse Practitioner – Pediatric Otolaryngology  
University of Michigan Hospital, Ann Arbor, Michigan
- 1989 - 1995: Pediatric Staff Nurse – Pediatric Trauma and Rehabilitation Unit  
C.S. Mott Children’s Hospital, Ann Arbor, Michigan

**GRANTS,  
HONORS & FELLOWSHIPS:**

- 2018 Exploring the Physical Activity Behavior of Adolescent Girls: A Mixed-Methods Study, Faculty Student Collaborative Summer Research Grant. Principal Investigator: **Vicki R. Voskuil**; Student Researcher: Sarah Stroup, Jean M. Debbink Nursing Department Faculty Development Grant & Holleman Summer Nursing Research Student Grant, Funded \$6000.
- 2017 Exploring the Physical Activity Behavior of Adolescent Girls: A Mixed-Methods Study, Faculty Collaborative Summer Research Grant. Principal Investigator: **Vicki R. Voskuil**; Student Researcher: Jorgie Watson, Jacob E. Nyenhuis Faculty Development Grant, Funded \$7200.
- 2016 Dissertation Completion Fellowship: The Conceptual, Operational, and Theoretical Basis of Physical Activity Self-Efficacy among Urban, Adolescent Girls, Michigan State University Graduate School, Funded \$6000.
- 2015 Predicting Physical Activity among Urban Adolescent Girls: A Test of the Health Promotion Model. Principal Investigator: **Vicki R. Voskuil**, American Nurses Foundation Grant – Society of Pediatric Nurses, Funded \$5000.
- 2015 Predicting Physical Activity among Urban Adolescent Girls: A Test of the Health Promotion Model, Principal Investigator: **Vicki R. Voskuil**, Blue Cross Blue Shield of Michigan Foundation – Student Award, Funded \$3500.
- 2015 Assessment of the Reliability and Validity of a Physical Activity Environment Scale for Girls, Faculty Student Collaborative Summer Research Grant. Principal Investigator: **Vicki R. Voskuil**; Student Researcher: Katherine Osborne, Jean M. Debbink Nursing Department Faculty Development Grant & Holleman Summer Nursing Research Student Grant, Funded \$8000.
- 2015 Inducted into the Honor Society of Phi Kappa Phi
- 2014 – 2016 PhD Jonas Nurse Scholar, Michigan State University College of Nursing  
Jonas Center for Nursing and Veterans Healthcare

**GRANTS,  
HONORS & FELLOWSHIPS: (Continued)**

- 2013 Dr. John F. Dunkel Memorial Scholarship Award  
Michigan State University College of Nursing
- 2012 Lorimer Parsons Nursing Endowed Scholarship Award  
Michigan State University College of Nursing
- 2011 Evaluation of the Healthy Beginnings Ready for School Access to  
Healthcare Pilot Project. Principal Investigators: Sonja Trent Brown and **Vicki  
R. Voskuil**, Hope College – Howard Hughes Medical Institute Faculty  
Development Grant for Interdisciplinary Research, Funded \$12,000.
- 2010 Effects of a Preschool Intervention Using Nature-Based Activities on  
Children’s Self-Efficacy and Preferences for Outdoor Activity.  
Principal Investigators: Sonja Trent-Brown and Jean Martin  
Senior Personnel: Mark Northuis, Steve Smith, and **Vicki Voskuil**  
Hope College – Howard Hughes Medical Institute Faculty Development Grant  
for Interdisciplinary Research, Funded \$12,000.
- 2008 Excellence in Education Award  
Sigma Theta Tau International, Kappa Epsilon Chapter-At-Large
- 2004 Inducted into Sigma Theta Tau International Nursing Honor Society

**PUBLICATIONS:**

**Voskuil, V. R.**, Robbins, L. B., & Pierce, S. J. (under review). Predicting physical activity among urban adolescent girls: A test of the Health Promotion Model. *Research in Nursing and Health*.

Pfeiffer, K. A., Robbins, L. B., Ling, J., Sharma, D. B., Dalimonte-Merckling, D. M., **Voskuil, V. R.**, Kaciroti, N., & Resnicow, K. (under review). Effects of the Girls on the Move randomized trial on adiposity and aerobic performance in low income adolescent girls. *Pediatric Obesity*.

**Voskuil, V. R.**, & Selekman, J. (under review). Health issues related to physical activity and athletics. In J. Selekman (Ed.), *School nursing: A comprehensive text* (3<sup>rd</sup> ed.). Philadelphia, PA: F. A. Davis Company.

Robbins, L. B., Ling, J., Clevenger, K., **Voskuil, V. R.**, Wasilevich, E., Kerver, J. M., Kaciroti, N., & Pfeiffer, K. A. (2018). A school- and home-based intervention to improve adolescents’ physical activity and healthy eating: A pilot study. *Journal of School Nursing*. Advance online publication. doi:10.1177/1059840518791290

Robbins, L. B., Ling, J., Sharma, D. B., Dalimonte-Merckling, D. M., **Voskuil, V. R.**, Resnicow, K., Kaciroti, N., & Pfeiffer, K. A. (2018). Intervention effects of “Girls on the Move” on increasing physical activity. *Annals of Behavioral Medicine*, 1-8. doi:10.1093/abm/kay054

## **PUBLICATIONS: (Continued)**

**Voskuil, V. R.**, Pierce, S. J., & Robbins, L. B. (2017). Comparing the psychometric properties of two physical activity self-efficacy instruments in urban, adolescent girls: Validity, measurement invariance, and reliability. *Frontiers in Psychology*, 8(1301). doi:10.3389/fpsyg.2017.01301

**Voskuil, V. R.**, Frambes, D. A., & Robbins, L. B. (2017). Effect of physical activity interventions for girls on objectively measured outcomes: A systematic review of randomized controlled trials. *Journal of Pediatric Health Care*, 31(1), 75-87. doi:10.1016/j.pedhc.2016.03.003

**Voskuil, V. R.** (2016). *The Conceptual, Operational, and Theoretical Basis of Physical Activity Self-Efficacy Among Adolescent Girls* (Doctoral dissertation). Michigan State University.

Jacobsen, K., Meeder, L., & **Voskuil, V. R.** (2016). Chronic student absenteeism: The critical role of school nurses. *NASN School Nurse*, 31(3), 178-185. doi:10.1177/1942602X16638855

Vermeesch, A. L., Ling, J., **Voskuil, V. R.**, Bakhoya, M., Wesolek, S. M., Bourne, K. A., Pfeiffer, K. A., & Robbins, L. B. (2015). Biological and sociocultural differences in perceived barriers to physical activity among fifth- to seventh-grade urban girls. *Nursing Research*, 64(5), 342-350. doi:10.1097/NNR.0000000000000113

**Voskuil, V. R.**, & Robbins, L. B. (2015). Youth physical activity self-efficacy: A concept analysis. *Journal of Advanced Nursing*, 71(9), 2002-2019. doi:10.1111/jan.12658

## **PAPERS PRESENTED**

### **& INVITED ADDRESSES: (\*denotes student mentee)**

Robbins, L. B., Ling, J., Clevenger, K., Kintigh, S., & **Voskuil, V. R.** (2018, September). *Adolescent Physical Activity and Nutrition Intervention*. Podium presentation. Council for the Advancement of Nursing Science: State of the Science Congress on Precision Health, Washington, DC.

**Voskuil, V. R.** & Watson, J.\* (2018, April). *Exploring the Physical Activity Behaviors of Adolescent Girls Using Activity Trackers: A Mixed-Methods Study*. Poster presentation. Midwest Nursing Research Society 42<sup>nd</sup> Annual Conference, Cleveland, OH.

Melby, S.\* , Goris, E. D., & **Voskuil, V. R.**, (2018, April). *Examining Agitation Among Individuals with Alzheimer's Disease Using Oxytocin Receptor Gene (OXTR) rs237885 Genotype*. Poster presentation. Sigma Theta Tau International Kappa Epsilon Chapter-At-Large Spring Research Event, Grand Rapids, MI.

Robbins, L. B., Ling, J., Clevenger, K., & **Voskuil, V. R.** (2018, April). *School- and Home-Based Intervention to Increase Physical Activity and Healthy Eating Among Young Adolescents*, Poster presentation. Midwest Nursing Research Society 42<sup>nd</sup> Annual Conference, Cleveland, OH.

Watson, J.\* & **Voskuil, V. R.** (2017, October). *Exploring the Physical Activity Behaviors of Adolescent Girls: A Mixed-Methods Study*. Poster presentation. American Nurses Association – Michigan Conference and Assembly, Plymouth, MI.

**PAPERS PRESENTED  
& INVITED ADDRESSES: (Continued)**

**Voskuil, V. R.**, Robbins, L. B., & Pierce, S. J. (2017, April). *Predicting Physical Activity Among Adolescent Girls: A Test of the Health Promotion Model*. Poster presentation. National Association of Pediatric Nurse Practitioners – Michigan Chapter, Spring Conference, Novi, MI.

Riley, A.\*, Pollatz, J., & **Voskuil, V. R.** (2017, April). *No Pass Zone in Nursing and Call Light Responses*. Poster presentation. Midwest Nursing Research Society 41<sup>st</sup> Annual Conference. Minneapolis, MN.

Johnson, J.\*, Goris, E. D., **Voskuil, V. R.**, & Schutte, D. L. (2017, April). *Apathy, Sleep Disturbance, and the CLOCK Gene among Persons with Alzheimer's Disease*. Poster presentation. National Conference on Undergraduate Research, Memphis, TN.

**Voskuil, V. R.** (2017, May). *Running Your Nursing Marathon: The Journey to 26.2*. Faculty Address to the Nursing Class of 2017. Pinning Ceremony, Hope College Nursing Department. Dimnent Chapel, Holland, MI.

**Voskuil, V. R.** & Robbins, L. B. (2015, November). *Deconstructing Physical Activity Self-Efficacy: A Critical Review of the Literature*. Podium presentation. Sigma Theta Tau International Nursing Honor Society 43<sup>rd</sup> Biennial Convention, Las Vegas, NV.

**Voskuil, V. R.** & Robbins, L. B. (2015, October). *Use of Motivational Interviewing to Increase Physical Activity Among Adolescent Girls: A Mixed-Methods Analysis*. Poster presentation. American Public Health Association 143<sup>rd</sup> Annual Meeting and Exposition, Chicago, IL.

Robbins, L. B., Ling, J., & **Voskuil, V. R.** (2015, October). *Application of the Health Promotion Model in Motivational Interviewing Sessions to Promote Physical Activity Among Adolescent Girls*. Podium presentation. American Public Health Association 143<sup>rd</sup> Annual Meeting and Exposition, Chicago, IL.

**Voskuil, V. R.**, Frambes, D. A., & Robbins, L. B. (2015, April). *Effect of Physical Activity Interventions for Girls on Objectively Measured Outcomes: A Systematic Review of Randomized Controlled Trials*. Poster presentation. Midwest Nursing Research Society 39<sup>th</sup> Annual Conference, Indianapolis, IN.

Robbins, L. B., **Voskuil, V. R.**, & Ling, J. (2014, October). *Integrating the Health Promotion Model with Motivational Interviewing to Promote Positive Behavior Change*. Podium presentation. Michigan's Premier Public Health Conference, Bellaire, MI.

**Voskuil, V. R.** & Robbins, L. B. (2014, May). *Pubertal Status, Self-Efficacy, and Physical Activity in Adolescent Girls*. Poster presentation. Global Summit on the Physical Activity of Children, Toronto, Ontario, Canada.

**Voskuil, V. R.** & Robbins, L. B. (2013, June). *Fidelity of a School Based Physical Activity Intervention for 6<sup>th</sup> - and 7<sup>th</sup> - Grade Boys*. Poster presentation. 7<sup>th</sup> Biennial Childhood Obesity Conference, Long Beach, CA.

**PAPERS PRESENTED  
& INVITED ADDRESSES: (Continued)**

**Voskuil, V. R.** & Smith, B. (2013, March). *Indirect Measurement of Oxygen Use Approximates Norms in Breast Cancer Survivors*. Podium presentation. Midwest Nursing Research Society 37<sup>th</sup> Annual Conference, Chicago, IL.

Egedy, A.\*, **Voskuil, V. R.**, Trent-Brown, S., Vanderveen, J., Staley, E., & Matthews, A. (2012, February). *Emergency Room Use in the Healthy Beginnings Program: Ready for School Access to Healthcare Pilot Project*. Podium presentation. Annual Meeting of the American Association of Behavioral and Social Sciences. Las Vegas, NV.

Staley, E.\*, Trent-Brown, S., **Voskuil, V. R.**, Vanderveen, J., Egedy, A., & Matthews, A. (2012, February). *Parent Preferences in the Ready for School Access to Healthcare Pilot Project*. Podium presentation. Annual Meeting of the American Association of Behavioral and Social Sciences, Las Vegas, NV.

**Voskuil, V. R.** (2010, November). *Family Ties: Assisting Students to Achieve Genomic Competency Through Improvements in a Family Nursing Course*. Podium presentation. American Association of Colleges of Nursing Baccalaureate Education Conference, Orlando, FL.

**Voskuil, V. R.** (2002). *Child Care Health Consultation: A Pediatric Nurse Practitioner's Perspective*. Podium presentation. Early Childhood Association Conference, Green Bay, WI.

**Voskuil, V. R.** (2002). *Scope of Practice Issues and Child Care Health Consultation*. Podium presentation. Child Care Health Consultant Conference, Wisconsin Dells, WI.

**Vander Velden, V. R.** (1992). *Redesigning Nursing Practice Through Theory: Use of Roy's Adaptation Model in a Rehabilitation Setting*. Podium presentation. Advances in Rehabilitation Nursing Conference, Ann Arbor, MI.

**Vander Velden, V. R.** (1991). *Preparing a Ventilator Patient for Home: Admission to Discharge*. Podium presentation. Rehabilitation Nursing Conference, Ann Arbor, MI.

**Vander Velden, V. R.** (1991). *Hope for Head Injured Kids: A Team Approach to Rehabilitation*. Panel presenter. Neuro Critical Care Nursing Conference, Ann Arbor, MI.

**PROFESSIONAL ACTIVITIES:**

2017	Poster Reviewer, Metro Health Research Day, Grand Rapids, Michigan
2017 – Present	Vice President, Kappa Epsilon Chapter, Sigma Theta Tau International
2011 – 2013	Vice President, Kappa Epsilon Chapter, Sigma Theta Tau International
2003 – 2004	Treasurer, Wisconsin Association of Pediatric Nurse Practitioners
1997 – 1998	Secretary, Society of Pediatric Nurses, Bay Area Chapter, California

**PROFESSIONAL MEMBERSHIPS:**

2013 – Present	Member, Midwest Nursing Research Society
2010 – Present	Member, Childhood Obesity Prevention Special Interest Group, NAPNAP
2005 – Present	Member, Kappa Epsilon Chapter, Sigma Theta Tau International
2004 – Present	Member, Michigan Association of Pediatric Nurse Practitioners
2001 – 2005	Member, Child Care Special Interest Group, NAPNAP
1994 – Present	Member, National Association of Pediatric Nurse Practitioners (NAPNAP)

**SERVICE TO COLLEGE AND DEPARTMENT:**

2017 – 2019	Member	President's Advisory Committee, Hope College
2016 – Present	Alternate Member	Human Subjects Review Board, Hope College
2012 – 2013	Member	Religious Life Committee, Hope College
2008 – 2009	Faculty Advisor	Themed Housing, Hope College
2007 – 2011	Faculty Advisor	Nurses Christian Fellowship Hope College Nursing Department
2006 – Present	Member	Faculty & Student Development Committee Hope College Nursing Department
2009 – Present	Member	Student Admission & Progression Committee Hope College Nursing Department
2012 – Present	Ex-Officio Member	Curriculum & Program Evaluation Committee Hope College Nursing Department
2012 – Present	Ex-Officio Member	Educational Resources Committee Hope College Nursing Department

**SERVICE TO COMMUNITY:**

2018 – Present	Governing Elder	Third Reformed Church Holland, Michigan
2014 – 2015	Sunday School Teacher	Third Reformed Church Holland, Michigan
2011	Volunteer	Vacation Bible School Third Reformed Church, Holland, Michigan
2009	Representative	Girls Dream Fair Holland, Michigan
2009	Girls on the Run Coach	Pine Ridge Elementary School Holland, Michigan



**SERVICE TO COMMUNITY: (Continued)**

2008 – 2009	Sunday School Teacher	Third Reformed Church Holland, Michigan
2005 – 2006	Sunday School Teacher	Third Reformed Church Holland, Michigan
2005 – Present	Member	Health Ministries Team, Third Reformed Church Holland, Michigan
2003 – 2004	Deacon	First United Presbyterian Church De Pere, Wisconsin
2001 – 2004	Member	Head Start Health Advisory Board Green Bay, Wisconsin
2000 – 2004	Nursery Coordinator	First United Presbyterian Church De Pere, Wisconsin
2000 – 2001	Preschool Instructor	YMCA Green Bay, Wisconsin
1996 – 1998	Youth Group Leader	San Jose Christian Reformed Church San Jose, California