

# HEALTH EDUCATION MINOR FOR SECONDARY TEACHING

*Updated April 2015*

The **Health Education minor** (State Code: MA) is intended for Secondary certification students and consists of a minimum of 22 credits.

Teacher candidates for certification in the Health Education minor must pass the Michigan Test for Teacher Certification (MTTC) in Health Education (Test #043). MTTC content exams should not be taken until 90% of course work in the subject area has been completed. A study guide is available at the MTTC website: ([http://www.mttc.nesinc.com/PDFs/MI\\_field043\\_SG.pdf](http://www.mttc.nesinc.com/PDFs/MI_field043_SG.pdf)).

The courses below meet State standards and have been selected so that teacher candidates will be well prepared for the test. Knowledge must be demonstrated in the following categories in order to successfully pass the MTTC subject area exam:

	Subarea	Approximate Percentage of Questions on Test
1.	Basic Health Concepts	26%
2.	Health Skills and Behaviors	26%
3.	School Health Education	26%
4.	Professional Responsibilities	22%

The following chart is intended to provide you a guide for scheduling your semesters and for keeping track of your grade point average.

**PLEASE REFER TO YOUR DEGREE EVALUATION IN KNOWHOPE PLUS IN ADDITION TO THIS DOCUMENT TO DETERMINE FULFILLMENT OF COURSE REQUIREMENTS**

## **REQUIRED COURSES** (22 credits)

SUBJECT/ COURSE	TITLE	CREDIT HOURS	SEMESTER	GRADE
KIN 140	Health Dynamics	2		
KIN 208	Introduction to Nutrition	3		
KIN 251	Foundations for Teaching Health Education	3		
KIN 351	Planning Coordinated School Health Programs	3		
KIN 451	Methods of Teaching Health Education I	4		
KIN 453	Health Education Methods II & Sexuality Education	4		
KIN 455	Measurement and Evaluation in Health Education	3		