

# KINESIOLOGY MAJOR FOR TEACHING PHYSICAL EDUCATION with K-12 Endorsement

*December 2016*

The major in Kinesiology for Teachers of Physical Education, grades K-12, (State code: MB) consists of a minimum of 35 credits. The teacher candidate will complete student teaching in both Secondary and Elementary P.E. settings. The teacher candidate must also earn a minor.

Teacher candidates for certification in Kinesiology at the Secondary and Elementary levels must pass the Michigan Test for Teacher Certification (MTTC) in Physical Education (Test #044). MTTC content exams should not be taken until 90% of course work in the subject area has been completed. A study guide is available at the MTTC website: ([http://www.mttc.nesinc.com/PDFs/MI\\_field044\\_SG.pdf](http://www.mttc.nesinc.com/PDFs/MI_field044_SG.pdf)).

The courses below meet State standards and have been selected so that teacher candidates will be well prepared for the test. Knowledge must be demonstrated in the following categories in order to successfully pass the MTTC subject area exam:

| Subarea  | Approximate % of Questions<br>on Test |
|--|---------------------------------------|
| 1. Physical Activity, Fitness & Health                   | 17%                                   |
| 2. Movement & Lifelong Physical Activity                 | 27%                                   |
| 3. Growth, Development & Learning                        | 14%                                   |
| 4. Planning, Instruction & Assessment                    | 14%                                   |
| 5. Management, Motivation & Communication                | 14%                                   |
| 6. Foundations, Reflection, & Professional Collaboration | 14%                                   |

The following chart is intended to provide you a guide for scheduling your semesters and for keeping track of your grade point average.

**PLEASE REFER TO YOUR DEGREE EVALUATION IN KNOWHOPE PLUS IN ADDITION  
TO THIS DOCUMENT TO DETERMINE FULFILLMENT OF COURSE REQUIREMENTS**

## FOUNDATIONAL COURSES (10 credits)

| SUBJECT/<br>COURSE | TITLE                                    | CREDIT<br>HOURS | SEMESTER | GRADE |
|--------------------|--|-----------------|----------|-------|
| KIN 160            | Teaching of Dance for Physical Education | 2               |          |       |
| KIN 201            | Movement, Meaning, and Value in PE       | 4               |          |       |
| GEMS 158           | Human Biology in Health and Disease      | 4               |          |       |

## GENERAL KINESIOLOGY REQUIRED (14 credits)

| SUBJECT/<br>COURSE | TITLE   | CREDIT<br>HOURS | SEMESTER | GRADE |
|--------------------|---|-----------------|----------|-------|
| KIN 221*           | Anatomical Kinesiology and Lab                                      | 4               |          |       |
| KIN 222            | Exercise Physiology   | 3               |          |       |
| KIN 223            | Exercise Physiology Lab   | 1               |          |       |
| KIN 301            | Motor Development   | 3               |          |       |
| KIN 330            | Principles and Practices of Coaching (offered Spring Semester only) | 3               |          |       |

\*Pre-requisite for Kin 221: KIN 200, Human Anatomy and Lab (4 Credit Hours)

**REQUIRED METHODS COURSES** (11 credits)

| SUBJECT/<br>COURSE | TITLE                                      | CREDIT<br>HOURS | SEMESTER | GRADE |
|--------------------|--|-----------------|----------|-------|
| KIN 344            | Basic Methods of Teaching Physical Ed      | 3               |          |       |
| KIN 345            | Methods of Teaching Early P.E. & Lab       | 2               |          |       |
| KIN 346            | Methods of Teaching Secondary P.E. & Lab   | 2               |          |       |
| KIN 350            | Adapted and Therapeutic Physical Education | 4               |          |       |