

## **MENTEE RESPONSIBILITIES**

### **BELIEVE IN YOURSELF!**

This is a program that recognizes potential and aims to help you utilize your talents to be successful. Everybody has untapped potential for greatness!

### **ENTER INTO THE PARTNERSHIP AS A FULL PARTNER.**

You will be expected to contact your mentor, schedule an appropriate time to meet and will inform your mentor if there is a schedule conflict.

### **SPEAK UP IF YOU ARE FEELING OVERWHELMED.**

If you are struggling, you need to be honest with yourself in order to attack the problem and get back on a positive track with the help of your mentor. The mentor is someone who is available and interested in responding to your needs and/or questions.

### **BE HONEST WHEN DISCUSSING GRADES AND PROGRESS IN YOUR STUDIES AND ADMIT THAT TUTORING OR OTHER INTERVENTIONS MAY HELP.**

It is important that you "fess up" when results of midterm grades and assignments are low, rather than telling your mentor that things are "fine" when in fact you are really struggling. It is OK to share. Your mentor wants to know so that he/she can help. This can be an awkward lesson, but it is critical that you to speak up and recognize that resources and different techniques may make a difference.

### **SEEK ALTERNATIVES TO PROBLEMS AND TO FOLLOW THROUGH ON PLANS DEVELOPED WITH THE MENTOR OR OTHER CAMPUS RESOURCE PEOPLE.**

When necessary, the mentoring partnership involves a joint problem solving process. You will be expected to be open to new coping strategies and willing to try alternative styles.

**UTILIZE ALL YOUR RESOURCES.**

Connect with everyone you can...from your personal mentor, to other freshmen in the program, to the mentoring program coordinator. Building a network of friends and individuals who care is a great way to feel fulfilled on a personal level and can help combat loneliness during your first year in a new environment.

**HAVE FUN!**

Your mentor wants a personal connection to students...you want a connection to the Natural and Applied Science Division...please don't forget to have fun. This is a way to expand relationships, learn about the division and Hope College, and try new things. Stress in college is inevitable, but so is having fun if you are open to the idea.

**WELCOME TO THE PROGRAM!**

I promise to attend all of the planned activities and events, and contact/communicate with my mentor weekly. I open myself to learning all that I can this year, and having fun!

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Name of Mentor: \_\_\_\_\_