

PHYSICAL AND HEALTH EDUCATION MAJOR
COURSE SEQUENCE SUMMARY
*****EFFECTIVE FOR STUDENTS ENROLLED STARTING FALL 2019*****

PRE-REQUISITE COURSE:

	<u>Credits</u>	<u>Sem</u>
GEMS 158 Human Bio. In Health and Disease	4	S

REQUIRED COURSES:

	<u>Credits</u>	<u>Sem</u>	<u>Prerequisites</u>
KIN 155 Lifeguarding	2		
KIN 160 Teaching of Rhythm & Movement	2	F - every even year	
KIN 200 Human Anatomy & Lab	4	F/S/M	
KIN 204 Exercise Physiology for PE and Health	4	F - every even year	GEMS 158
KIN 251 Foundations and Theory in Health and	4	F - every odd year	
KIN 301 PE Motor Development	3	S - every even year	
KIN 330 Principles of Coaching	3	S	
KIN 344 Basic Methods of Teaching PE	3	S - every even year	
KIN 345 Methods in Physical Education* Clinical	2	F - every odd year	
KIN 346 Experiences in PE*	2	F - every odd year	
KIN 350 Adapted & Therapeutic PE+	3	F - every even year	
KIN 352 Clinical Experiences in Adaptive PE+	1	F - every even year	
KIN 451 Methods of Teaching Health Ed I	4	F	
KIN 453 Health Ed Methods II & Sex Ed	4	S	
KIN 455 Data & Assessment in PE and Health	<u>4</u>	S	

Total Credits 45

*+ Must register for both courses