

PHYSICAL EDUCATION MAJOR/HEALTH EDUCATION MINOR
RECOMMENDED COURSE SEQUENCE

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| <i>SEMESTER 1 - FALL</i> KIN 140 Health Dynamics KIN 251 Foundation of Health Ed. GEN ED Classes | <i>CH</i> 2 3 11 16 | <i>SEMESTER 2 - SPRING</i> IDS 200 Encounter with Cultures EDUC 220/221 Educational Psychology GEN ED Classes | <i>CH</i> 4 4 8 16 |
| <i>SEMESTER 3 - FALL</i> *EDUC 270 Foundations of Education EDUC 225 The Exceptional Child EDUC 226 Field Placement KIN 160 Teaching Dance for Phys. Ed. KIN 200 Human Anatomy & Lab KIN 201 Foundation of Physical Movement, Value in Physical Health | <i>CH</i> 2 3 1 2 4 4 16 | <i>SEMESTER 4 - SPRING</i> GEMS 158 Human Biology in Health and Disease KIN 344 Basic Methods of Teaching PE KIN 351 Planning & Coordinating School Health Programs GED ED Classes | <i>CH</i> 4 3 3 6 16 |
| <i>SEMESTER 5 - FALL</i> KIN 221 Anatomical Kinesiology KIN 345 Methods of Teaching Early PE KIN 346 Methods of Teaching Secondary PE KIN 451 Methods of Teaching Health Ed I KIN 222 Exercise Physiology KIN 223 Exercise Physiology Lab | <i>CH</i> 4 2 2 4 3 1 16 | <i>SEMESTER 6 - SPRING</i> EDUC 285 Secondary Reading EDUC 286 Placement EDUC 287 Classroom Management KIN 208 Nutrition KIN 301 Motor Development KIN 453 Health Ed Methods II & Sexuality Ed | <i>CH</i> 3 1 2 3 3 4 16 |
| <i>SEMESTER 7 - FALL</i> EDUC 360 Secondary Principles & Methods EDUC 361 Placement KIN 330 Principles & Practices of Coaching KIN 350 Adaptive and Therapeutic PE KIN 455 Measurement & Evaluation in Health Ed GED ED Classes | <i>CH</i> 3 1 3 4 3 2 16 | <i>SEMESTER 8 - SPRING</i> EDUC 455 Education Seminar EDUC 485 Student Teaching EDUC 500 Perspectives in Education **IDS 452 Senior Seminar | <i>CH</i> 1 10 1 4 16 |

*Must be taken with EDUC 220 or EDUC 225.

**IDS 452 can be taken in the second semester of your junior year or either semester of your senior year.

Note: EDUC 285/286/287 cannot be taken in the same semester as EDUC 360/361. EDUC 360/361 should be taken the semester prior to student teaching.