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**DEPARTMENT OF KINESIOLOGY**

**PHYSICAL AND HEALTH EDUCATION MAJOR**

**COURSE SEQUENCE SUMMARY**

**PRE-REQUISITE COURSE:** Credit Sem

GEMS 158 Human Bio. In Health and Disease 3 S

GEMS 158L Human Bio. In Health and Disease Lab 1 S

**REQUIRED COURSES:** Credits Sem Prerequisites

KIN 155 Lifeguarding 2 S

KIN 160 Teaching of Rhythm & Movement 2 F– even year

KIN 200 Human Anatomy 3 F/S

KIN 200L Human Anatomy Lab 1 F/S

KIN 204 Exercise Physiology for PE and Health 3 F– even year GEMS 158

KIN 204L Exercise Physiology for PE and Health Lab 1 F– even year GEMS 158

KIN 251 Foundations and Theory in Health and PE 3 F– even year

KIN 251L Foundations and Theory in Health and PE Lab 1 F– even year

KIN 301 Motor Development 3 S – even year

KIN 330 Principles of Coaching 3 S

KIN 344 Basic Methods of Teaching PE 3 S – even year

KIN 345 Methods & Clinical Experiences in PE 4 F– odd year

KIN 350 Adapted & Therapeutic PE 3 F– even year

KIN 350F Clinical Experiences in Adaptive PE – Clinical Exp. 1 F– even year

KIN 451 Methods of Teaching Health Ed I 3 F

KIN 451F Methods of Teaching Health Ed I – Clinical Exp. 1 F

KIN 453 Health Ed Methods II & Sex Ed 3 S

KIN 453F Health Ed Methods II & Sex Ed – Clinical Exp. 1 S

KIN 455 Data & Assessment in PE and Health 3 S

KIN 455L Data & Assessment in PE and Health Lab 1 S

 Total Credits 45