

# Pre-med course sequence suggestions: 4 years to MCAT

Suggestions for course sequencing and timing if you plan to take the MCAT in your fourth year at Hope. This means you will have a gap year between graduation from Hope and medical school. The Health Professions Advisor can help you determine the most valuable experience to prepare for medical school. This is a sample schedule. Your final schedule may vary.

YEAR	FALL	SPRING	SUMMER
1	<ul style="list-style-type: none"> <li>• Chem 125 &amp; 127 or Chem 131 &amp; 132</li> <li>• First Year Seminar</li> <li>• Psy 100</li> <li>• Major requirements, gen eds and/or electives</li> </ul>	<ul style="list-style-type: none"> <li>• Chem 126 &amp; 128 (if you took 125 &amp; 127 in fall)</li> <li>• Soc 101</li> <li>• Major requirements, gen eds and/or electives</li> </ul>	Health care related experiences
2	<ul style="list-style-type: none"> <li>• Biol 105 &amp; 107</li> <li>• Chem 221 &amp; 255</li> <li>• Major requirements, gen eds, pre-med prereqs and/or electives</li> </ul>	<ul style="list-style-type: none"> <li>• Biol 106 &amp; 108</li> <li>• Chem 231 &amp; 256</li> <li>• Major requirements, gen eds, pre-med prereqs and/or electives</li> </ul>	Health care related experiences
3	<ul style="list-style-type: none"> <li>• Pre-med prereqs such as Chem 311, physics or Math 210</li> <li>• Major requirements, gen eds and/or electives</li> </ul>	<ul style="list-style-type: none"> <li>• Pre-med prereqs such as physics or Math 210</li> <li>• Major requirements, gen eds and/or electives</li> </ul>	Health care related experiences
4	<ul style="list-style-type: none"> <li>• Pre-med prereqs such as Chem 311, physics or Math 210</li> <li>• Major requirements, gen eds and/or electives</li> </ul>	<ul style="list-style-type: none"> <li>• Pre-med prereqs such as physics or Math 210</li> <li>• Major requirements, gen eds and/or electives</li> </ul> <p><b>TAKE MCAT IN MAY</b></p>	Apply in June: AMCAS or AACOMAS