Possible Career Options
(some career areas require advanced education)
Aerobics Instructor
Athletic Trainer
Biomechanist
Cardiac/Pulmonary Rehab
Career Rehab
Chiropractor
Coach
Community Fitness Director
Corporate Health Advisor
Employee Fitness Director
Exercise Physiologist
Fitness Center Director
Group Fitness
Medical Assistant
Medical Equipment Salesperson
Medical Scribe
Occupational Therapist
Paramedic
Personal Trainer
Pharmaceutical Salesperson
Physical Therapist
Physician
Physician Assistant
Professor
Public Health
Recreation Therapist
Rehabilitation Specialist
Researcher
Respiratory Therapist
Speech Pathologist
Sports Nutritionist
Sports Psychologist
Strength and Conditioning Coach
Wellness Coordinator

Professional Associations

Athletics and Fitness Association of America
www.afaa.com

American Academy of Orthopedic Surgeons
www.aaos.org

American Academy of Physician’s Assistants
www.aapa.org

Society of Health and Physical Educators
www.shapeamerica.org

American Diabetes Association
www.diabetes.org

Academy of Nutrition and Dietetics
www.eatright.org

American Heart Association
www.americanheart.org

American Occupational Therapy Association
www.aota.org

American Physical Therapy Association
www.apta.org

American Physiological Society
www.the-aps.org

Association for Applied Sport Psychology
www.appliedsportpsych.org

American College of Sports Medicine
www.acsm.org

National Strength and Conditioning Association
www.nsca-lift.org
WHAT CAN I DO WITH A MAJOR IN...
EXERCISE SCIENCE

Hope Graduates in the Exercise Science World

Activity Director ................................................................. Alterra Sterling House
Assistant Dietary Director ..................................................... Gowanda Nursing Home
Biomechanics Lab Manager .................................................... Wake Forest University
Bio Oncology Specialist ........................................................ Genentech
Chiropractor ........................................................................... Chiropractic Unlimited
Fitness Specialist .................................................................... Reynolds and Reynolds
Football Coach ........................................................................ University of Connecticut
HealthCorps Member .............................................................. AmeriCorps
Health Screener ..................................................................... HealthFitness Corporation
Kinesiology Department .......................................................... Hope College
Management Analyst - Health Educator ............................ Yamhill County Health and Human Services
Massage Therapist ............................................................... Harbor Health and Massage LLC
Medical Assistant/Aesthetician ......................................... Roberts Dermatology Center
Micro Lab Tech ......................................................................... Litehouse, Inc.
Patient Care Technician ...........................................................adence Health
PA/Trainer ................................................................................... Cardinal Hill Rehabilitation Hospital
Pediatric Physical Therapist ................................................ Children’s Hospital of Michigan
Personal Trainer ........................................................................ MVP Athletic Club
Physical Therapist ..................................................................... Agility Health Inc.
Postdoctoral Research Fellow .............................................. Cleveland Clinic
Program Coordinator ............................................................... National Kidney Foundation of Michigan
Prosthetic Resident ................................................................... Hanger Clinic
Registered Dietitian ................................................................. Foote Hospital
Registered Nurse ....................................................................... Holland Hospital
Rehabilitation Technician ........................................................... Mary Free Bed Rehabilitation Hospital
Rock Climbing wall builder .................................................... Eldorado Wall Company
Running Specialist ..................................................................... Dicks Sporting Goods
Science Teacher ........................................................................ Traverse City Central High School
Speech Pathologist ..................................................................... The Futures HealthCore
Sports Trainer ........................................................................ Excelration Physical Therapy and Sports Training
Strength and Conditioning Coach ......................................... Oakland Athletics
Strength Conditioning Coach ................................................ University of Georgia
Wellness Coordinator .................................................................. Ridgeview Industries
Yoga Instructor ........................................................................ Cascade Yoga Studio