

DOCUMENTING YOUR CLINICAL SHADOWING EXPERIENCE

One of the most important parts of a clinical shadowing experience is to reflect on your thoughts and feelings about it and what you learn about yourself as it relates to the health profession. Use the questions below to take time to reflect on your experience and document your thoughts while they are fresh in your mind.

CLINICAL SHADOWING EXPERIENCE INFORMATION

Date:

Organization Name:

Address of Organization:

Telephone Number:

Name of person (or people) you shadowed:

Job Title:

Degree(s):

License # (if OT or PT):

E-mail address:

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REFLECTION QUESTIONS TO ASSIST WITH FUTURE APPLICATIONS FOR ALL HEALTH PROFESSION SCHOOLS

What did you observe during this experience?

How did the clinician interact with patients?

How did the patient's respond to the interaction?

What questions and discussion did you have about this experience with the clinician after the time with patient(s) was over?

What personality traits/characteristics did you observe in the clinician you shadowed that made him/her more or less effective at his/her job? Justify your response.

What did you learn about the training, education of the clinician you shadowed?

What did you learn about the clinician's work life balance?

What did you learn about the clinician's job satisfaction? Would this clinician do his or her path again? Why or why not?

Do you see yourself being a similar health profession? Why? Why not?

What did you like about your experience and why? What didn't you like and why?

What did you learn about yourself?

REFLECTION QUESTIONS TO ASSIST WITH YOUR RESUME

What were you responsible for?

What did you do while there?

What changed or was achieved or improved because you were there?

How long and how often did you do this?

Co-Created by the Career Development Center and the Health Professions Advising Office