

StrengthsQuest Action Verbs

Achiever: Accomplished, Achieved, Attained, Broadened, Diversified, Produced, Surpassed

Activator: Acted, Conceived, Created, Engineered, Established, Fashioned, founded, Initiated, Invented, Led, Orchestrated, Originated

Adaptability: Acclimated, Adapted, Altered, Adopted, Assimilated, Converted, Developed, Remodeled, Salvaged, Tested

Analytical: Analyzed, Critiqued, Diagrammed, Evaluated, Reported, Audited, Pinpointed, Reviewed

Arranger: Aligned, Arranged, Balanced, Budgeted, Catalogued, Classified, Collected, Compiled, Consolidated, Managed, Processed, Rearranged, Scheduled, Screened, Streamlined, Systematized, Integrated

Belief: Advocated, Affected, Balanced, Impacted, Nurtured, Served, Stabilized

Command: Assigned, Authorized, Commanded, Capitalized, Corresponded, Decided, Delegated, Directed, Explained, Governed, Managed, Oversaw, Reacted

Communication: Advised, Articulated, Authored, Bargained, Canvassed, Communicated, Composed, Defined, Presented

Competition: Altered, Challenged, Coached, Competed, Expedited, Increased, Marketed, Overcame, Renegotiated

Connectedness: Correlated Combined, Donated, Engaged, Organized, Patterned, Reorganized, United

Consistency: Assessed, Centralized, Clarified, Compiled, Demonstrated, Displayed, Documented, Implemented, Preserved

Context: Amended, Archived, Chronicled, Clarified, Documented, Reflected, Researched, Revealed, Simplified, Solved, Translated, Uncovered, Verified

Deliberative: Audited, Conceptualized, Decided, Debugged, Isolated, Navigated, Safeguarded, Simplified,

Developer: Adjusted, Developed, Corrected, Cultivated, Designed, Edited, Fostered, Implemented, Modified, Solved, Upgraded

Discipline: Drafted, Evaluated, Familiarized, Figured, Instituted, Inventoried, Maintained, Ordered, Organized, Quantified, Ranked

Empathy: Coached, Comprehended, Counseled, Perceived, Guided, Rehabilitated, Validated

Focus: Completed, Delivered, Executed, Guided, Inspected, Performed, Prioritized

Futuristic: Anticipated, Articulated, Discovered, Envisioned, Expanded, Forecasted, Generated
Illuminated, Launched, Mapped, Planned, Projected, Revitalized

Harmony: Amplified, Eased, Realigned, Reconciled, Restructured, Rewarded, Settled Treated

Ideation: Ascertained, Assembled, Conceptualized, Connected, Created, Designed, Envisioned,
Formulated, Invented, Shaped, Simplified, Summarized, Synchronized

Includer: Assembled, Borrowed, Encouraged, Enabled, Gathered, Involved, Oriented, Polled, Reinforced,
unified

Individualization: Channeled, Collaborated, Coordinated, Interviewed, Involved, Trained Facilitated,
Recruited, Translated

Input: Archived, Catalogued, Collected, Compiled, Educated, Gathered, Inventoried, Ranked, Procured

Intellection: Advised, Authored, Examined, Extrapolated, Interpreted, Instructed, Inquired, Lectured,
Processed, Published, Taught

Learner: Augmented, Improved, Overhauled, Researched, Identified, Inspected Investigated,
Matriculated, Taught

Maximizer: Accelerated, Accentuated, Added, Augmented, Developed, Doubled, Improved, Maximized,
Motivated, Shortened, Strengthened, Transformed, Updated, Upgraded

Positivity: Acknowledged, Celebrated, Complemented, Engaged, Enlisted Encouraged, Energized,
Enriched, Inspired, Motivated, Recognized

Relator: Achieved, Balanced, Bonded, Collaborated, Connected, Grouped, Guided, Marinated, Related

Responsibility: Completed, Executed, Guided, Finalized, Finished, Initiated, Planned Represented,
Resolved, Secured

Restorative: Assisted, Corrected, Diagnosed, Fixed, Healed, Recovered, Rehabilitated, Remedied,
Repaired, Resolved, Restored, Revamped, Revitalized Solved, Suggested

Self-Assurance: Assessed, Assigned, Recommended, Impacted, Implemented, Led, Negotiated

Significance: Accomplished, Achieved, Contributed, Created, Devoted, Envisioned, Exceeded, Impacted,
Inspired, Led, Promoted

Strategic: Coordinated, Critiqued, Examined, Formalized, Formulated, Interpreted, Planned, Prevented,
Prioritized, Revitalized, Simplified, Synthesized

Woo: Enlisted, Entertained, Impacted, Influenced, Interviewed, Invited, Lobbied, Persuaded, Publicized,
Recruited Staffed, Welcomed