

Report

Hope College Results

2017 ACHA-National College Health Assessment II Survey

The ACHA-National College Health Assessment II is a national research survey organized by the American College Health Association to assist college health service providers, health educators, counselors, and administrators in collecting data about their students' habits, behaviors, and perceptions on the most prevalent health topics. This survey was administered at Hope College in the Fall of 2017.

The Fall 2017 ACHA-NCHA II survey was completed by 26,139 undergraduate students at 52 institutions nationwide. At Hope College, 967 students completed the survey. This was a 31% response rate for Hope compared with an 18% national response rate.

The following pages report a summary of the Hope College responses to each survey item compared with the national responses to the same item. Each item is represented by a box. At the top of the box is a code for the item followed by a brief description. Two percentages are shown in the box, the left percentage indicating the percent of Hope respondents giving the response or responses shown to the left of that percentage and the right percentage the percent of respondents nationally from outside of Hope giving the same response.

The right-most area of each box contains a code that indicates if the two percentages show that Hope student population and the non-Hope student population have different percentages with the indicated response at a statistically significant level. If the area is blank, the two observed percentages do not indicate that we have insufficient evidence to suggest that the two populations differ on the given item. If there are pluses in the area, there is a statistically significant probability that the Hope population has a higher percentage than the non-Hope population. Minuses mean that the non-Hope population has a significant probability of having the higher percentage.

The test run in each case is a two-tailed test for the difference of two proportions. The table below indicates the meaning of the significance codes.

+ -	Significant at 0.05 level
++ --	Significant at 0.01 level
+++ ---	Significant at 0.001 level

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NQ1-General Health				NQ2A1-Received Info-Alcohol and other drug use			
Very good or excellent	Hope 53.03%	Non-Hope 48.12%	++	Yes	Hope 82.92%	Non-Hope 83.43%	
NQ2A2-Received Info-Cold/Flu/Sore throat				NQ2A3-Received Info-Depression/Anxiety			
Yes	Hope 77.57%	Non-Hope 48.14%	+++	Yes	Hope 69.12%	Non-Hope 64.74%	++
NQ2A4-Received Info-Eating disorders				NQ2A5-Received Info-Grief and loss			
Yes	Hope 37.24%	Non-Hope 32.74%	++	Yes	Hope 40.08%	Non-Hope 39.19%	
NQ2A6-Received Info-How to help others in distress				NQ2A7-Received Info-Injury prevention			
Yes	Hope 55.42%	Non-Hope 58.16%		Yes	Hope 48.54%	Non-Hope 40.27%	+++
NQ2A8-Received Info-Nutrition				NQ2A9-Received Info-Physical activity			
Yes	Hope 75.70%	Non-Hope 54.72%	+++	Yes	Hope 86.72%	Non-Hope 61.73%	+++
NQ2A10-Received Info-Pregnancy prevention				NQ2B1-Received Info-Problem use of Internet/computer games			
Yes	Hope 24.58%	Non-Hope 45.52%	---	Yes	Hope 17.03%	Non-Hope 21.74%	---
NQ2B2-Received Info-Relationship difficulties				NQ2B3-Received Info-Sexual assault/Relationship violence prevention			
Yes	Hope 50.05%	Non-Hope 45.03%	+++	Yes	Hope 95.85%	Non-Hope 84.40%	+++
NQ2B4-Received Info-Sexually transmitted disease/infection (STD/I) prevention				NQ2B5-Received Info-Sleep difficulties			
Yes	Hope 37.10%	Non-Hope 58.17%	---	Yes	Hope 24.46%	Non-Hope 25.12%	
NQ2B6-Received Info-Stress reduction				NQ2B7-Received Info-Suicide prevention			
Yes	Hope 67.70%	Non-Hope 63.26%	++	Yes	Hope 46.27%	Non-Hope 54.95%	---
NQ2B8-Received Info-Tobacco use				NQ2B9-Received Info-Violence prevention			
Yes	Hope 36.48%	Non-Hope 44.56%	---	Yes	Hope 55.87%	Non-Hope 54.20%	

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NQ3A1-Interested in Info-Alcohol and other drug use				NQ3A2-Interested in Info-Cold/Flu/Sore throat			
Yes	Hope 49.22%	Non-Hope 33.55%	+++	Yes	Hope 58.35%	Non-Hope 42.65%	+++
NQ3A3-Interested in Info-Depression/Anxiety				NQ3A4-Interested in Info-Eating disorders			
Yes	Hope 74.92%	Non-Hope 60.51%	+++	Yes	Hope 55.85%	Non-Hope 40.39%	+++
NQ3A5-Interested in Info-Grief and loss				NQ3A6-Interested in Info-How to help others in distress			
Yes	Hope 67.64%	Non-Hope 49.10%	+++	Yes	Hope 84.22%	Non-Hope 65.35%	+++
NQ3A7-Interested in Info-Injury prevention				NQ3A8-Interested in Info-Nutrition			
Yes	Hope 61.86%	Non-Hope 47.00%	+++	Yes	Hope 77.43%	Non-Hope 63.66%	+++
NQ3A9-Interested in Info-Physical activity				NQ3A10-Interested in Info-Pregnancy prevention			
Yes	Hope 71.89%	Non-Hope 58.54%	+++	Yes	Hope 50.79%	Non-Hope 40.33%	+++
NQ3B1-Interested in Info-Problem use of Internet/computer games				NQ3B2-Interested in Info-Relationship difficulties			
Yes	Hope 32.36%	Non-Hope 27.55%	++	Yes	Hope 67.57%	Non-Hope 48.52%	+++
NQ3B3-Interested in Info-Sexual assault/Relationship violence prevention				NQ3B4-Interested in Info-Sexually transmitted disease/infection (STD/I) prevention			
Yes	Hope 73.67%	Non-Hope 53.90%	+++	Yes	Hope 61.25%	Non-Hope 48.69%	+++
NQ3B5-Interested in Info-Sleep difficulties				NQ3B6-Interested in Info-Stress reduction			
Yes	Hope 74.79%	Non-Hope 62.71%	+++	Yes	Hope 84.91%	Non-Hope 71.47%	+++
NQ3B7-Interested in Info-Suicide prevention				NQ3B8-Interested in Info-Tobacco use			
Yes	Hope 71.32%	Non-Hope 54.88%	+++	Yes	Hope 40.56%	Non-Hope 29.70%	+++
NQ3B9-Interested in Info-Violence prevention				NQ4A-Last 12 months-Wear a seat belt when you rode in a car?			
Yes	Hope 66.81%	Non-Hope 49.23%	+++	Most of the time or always	Hope 96.98%	Non-Hope 96.25%	

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NQ4B-Last 12 months-Wear a helmet when you rode a bicycle?				NQ4C-Last 12 months-Wear a helmet when you rode a motorcycle?			
Most of the time or always	Hope 12.39%	Non-Hope 32.48%	---	Most of the time or always	Hope 77.91%	Non-Hope 81.06%	
NQ4D-Last 12 months-Wear a helmet when you were in-line skating?				NQ5A-Last 12 months-Were you in a physical fight?			
Most of the time or always	Hope 17.02%	Non-Hope 31.98%	---	Yes	Hope 2.80%	Non-Hope 5.18%	---
NQ5B-Last 12 months-Were you physically assaulted (do not include sexual assault)?				NQ5C-Last 12 months-Were you verbally threatened?			
Yes	Hope 1.66%	Non-Hope 3.38%	--	Yes	Hope 16.77%	Non-Hope 21.12%	--
NQ5D-Last 12 months-Were you sexually touched without your consent?				NQ5E-Last 12 months-Was sexual penetration attempted (vaginal, anal, oral) without your consent?			
Yes	Hope 11.21%	Non-Hope 10.26%		Yes	Hope 4.25%	Non-Hope 4.04%	
NQ5F-Last 12 months-Were you sexually penetrated (vaginal, anal, oral) without your consent?				NQ5G-Last 12 months-were you a victim of stalking (e.g., waiting for you outside your classroom, residence, or office; repeated emails/phone calls)?			
Yes	Hope 2.71%	Non-Hope 2.63%		Yes	Hope 3.21%	Non-Hope 6.26%	---
NQ6A-Last 12 months-Emotionally abusive? (e.g., called derogatory names, yelled at, ridiculed)				NQ6B-Last 12 months-Physically abusive? (e.g., kicked, slapped, punched)			
Yes	Hope 8.39%	Non-Hope 9.96%		Yes	Hope 0.94%	Non-Hope 1.82%	-
NQ6C-Last 12 months-Sexually abusive? (e.g., forced to have sex when you didn't want it, forced to perform or have an unwanted sexual act performed on you)				NQ7A-Feel safe-On this campus (daytime)?			
Yes	Hope 2.08%	Non-Hope 2.63%		Very safe	Hope 94.61%	Non-Hope 87.17%	+++
NQ7B-Feel safe-On this campus (nighttime)?				NQ7C-Feel safe-In the community surrounding this school (daytime)?			
Very safe	Hope 35.65%	Non-Hope 39.56%	-	Very safe	Hope 63.32%	Non-Hope 51.01%	+++
NQ7D-Feel safe-In the community surrounding this school (nighttime)?				NQ8A1-Last 30 days-Cigarettes			
Very safe	Hope 14.49%	Non-Hope 20.20%	---	Have used	Hope 3.84%	Non-Hope 9.48%	---
NQ8A2-Last 30 days-Tobacco from a water pipe (hookah)				NQ8A3-Last 30 days-Cigars, little cigars, clove cigarettes			
Have used	Hope 0.73%	Non-Hope 2.96%	---	Have used	Hope 3.53%	Non-Hope 5.14%	-

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NQ8A4-Last 30 days-Smokeless tobacco				NQ8A5-Last 30 days-Alcohol (beer, wine, liquor)			
Have used	Hope 1.55%	Non-Hope 3.02%	--	Have used	Hope 53.17%	Non-Hope 59.08%	---
NQ8A6-Last 30 days-Marijuana (pot, weed, hashish, hash oil)				NQ8A7-Last 30 days-Cocaine (crack, rock, freebase)			
Have used	Hope 9.14%	Non-Hope 18.48%	---	Have used	Hope 0.21%	Non-Hope 1.43%	--
NQ8A8-Last 30 days-Methamphetamine (crystal meth, ice, crank)				NQ8A9-Last 30 days-Other amphetamines (diet pills, bennies)			
Have used	Hope 0.10%	Non-Hope 0.26%		Have used	Hope 0.73%	Non-Hope 1.88%	--
NQ8A10-Last 30 days-E-cigarettes				NQ8B1-Last 30 days-Sedatives (downers, ludes)			
Have used	Hope 9.03%	Non-Hope 9.03%		Have used	Hope 0.83%	Non-Hope 1.32%	
NQ8B2-Last 30 days-Hallucinogens (LSD, PCP)				NQ8B3-Last 30 days-Anabolic steroids (Testosterone)			
Have used	Hope 0.83%	Non-Hope 1.10%		Have used	Hope 0.10%	Non-Hope 0.30%	
NQ8B4-Last 30 days-Opiates (heroin, smack)				NQ8B5-Last 30 days-Inhalants (glue, solvents, gas)			
Have used	Hope 0.21%	Non-Hope 0.33%		Have used	Hope 0.10%	Non-Hope 0.35%	
NQ8B6-Last 30 days-MDMA (Ecstasy)				NQ8B7-Last 30 days-Other club drugs (GHB, Ketamine, Rohypnol)			
Have used	Hope 0.21%	Non-Hope 0.70%		Have used	Hope 0.10%	Non-Hope 0.28%	
NQ8B8-Last 30 days-Other illegal drugs				NQ9A1-Typical student-Cigarettes			
Have used	Hope 0.31%	Non-Hope 0.54%		Have used	Hope 55.21%	Non-Hope 72.33%	---
NQ9A2-Typical student-Tobacco from a water pipe (hookah)				NQ9A3-Typical student-Cigars, little cigars, clove cigarettes			
Have used	Hope 45.57%	Non-Hope 59.93%	---	Have used	Hope 49.48%	Non-Hope 56.47%	---
NQ9A4-Typical student-Smokeless tobacco				NQ9A5-Typical student-Alcohol (beer, wine, liquor)			
Have used	Hope 46.40%	Non-Hope 57.81%	---	Have used	Hope 96.88%	Non-Hope 93.49%	+++

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NQ9A6-Typical student-Marijuana (pot, weed, hashish, hash oil)				NQ9A7-Typical student-Cocaine (crack, rock, freebase)			
Have used	Hope 81.89%	Non-Hope 83.55%		Have used	Hope 24.69%	Non-Hope 34.71%	---
NQ9A8-Typical student-Methamphetamine (crystal meth, ice, crank)				NQ9A9-Typical student-Other amphetamines (diet pills, bennies)			
Have used	Hope 14.67%	Non-Hope 20.66%	---	Have used	Hope 21.46%	Non-Hope 30.04%	---
NQ9A10-Typical student-E-cigarettes				NQ9B1-Typical student-Sedatives (downers, ludes)			
Have used	Hope 68.93%	Non-Hope 76.55%	---	Have used	Hope 26.43%	Non-Hope 32.13%	---
NQ9B2-Typical student-Hallucinogens (LSD, PCP)				NQ9B3-Typical student-Anabolic steroids (Testosterone)			
Have used	Hope 21.68%	Non-Hope 31.57%	---	Have used	Hope 22.89%	Non-Hope 28.81%	---
NQ9B4-Typical student-Opiates (heroin, smack)				NQ9B5-Typical student-Inhalants (glue, solvents, gas)			
Have used	Hope 15.85%	Non-Hope 21.58%	---	Have used	Hope 16.02%	Non-Hope 20.85%	---
NQ9B6-Typical student-MDMA (Ecstasy)				NQ9B7-Typical student-Other club drugs (GHB, Ketamine, Rohypnol)			
Have used	Hope 19.50%	Non-Hope 29.62%	---	Have used	Hope 16.88%	Non-Hope 23.73%	---
NQ9B8-Typical student-Other illegal drugs				NQ10-Number of drinks last time partied/socialized- Number of Drinks			
Have used	Hope 23.33%	Non-Hope 28.68%	---	More than one	Hope 50.73%	Non-Hope 46.05%	++
NQ11-Hours drinking last time partied/socialized-Number of Hours				NQ12-Typical student: Number of drinks last time partied/socialized-Number of Drinks			
More than one	Hope 50.31%	Non-Hope 47.37%		More than one	Hope 92.82%	Non-Hope 82.93%	+++
NQ13-Last 2 weeks: 5 or more drinks of alcohol at a sitting				NQ14A-Last 30 days-Drive after drinking any alcohol at all			
Once or more	Hope 23.42%	Non-Hope 29.95%	---	Yes as percent of drinkers	Hope 12.36%	Non-Hope 17.87%	--
NQ14B-Last 30 days-Drive after drinking five or more drinks of alcohol				NQ15A-Last 12 months party-Alternate non-alcoholic with alcoholic beverages			
Yes as percent of drinkers	Hope 0.58%	Non-Hope 1.59%		Most of the time or always	Hope 39.27%	Non-Hope 36.76%	

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NQ15B-Last 12 months party-Avoid drinking games				NQ15C-Last 12 months party-Choose not to drink alcohol			
Most of the time or always	Hope 39.12%	Non-Hope 37.14%		Most of the time or always	Hope 31.99%	Non-Hope 24.97%	+++
NQ15D-Last 12 months party-Determine, in advance, not to exceed a set number of drinks				NQ15E-Last 12 months party-Eat before and/or during drinking			
Most of the time or always	Hope 44.32%	Non-Hope 42.31%		Most of the time or always	Hope 79.65%	Non-Hope 81.77%	
NQ15F-Last 12 months party-Have a friend let you know when you have had enough				NQ15G-Last 12 months party-Keep track of how many drinks you were having			
Most of the time or always	Hope 50.64%	Non-Hope 45.61%	+	Most of the time or always	Hope 72.74%	Non-Hope 68.55%	+
NQ15H-Last 12 months party-Pace your drinks to 1 or fewer per hour				NQ15I-Last 12 months party-Stay with the same group of friends the entire time you were drinking			
Most of the time or always	Hope 35.77%	Non-Hope 35.27%		Most of the time or always	Hope 88.45%	Non-Hope 88.71%	
NQ15J-Last 12 months party-Stick with only one kind of alcohol when drinking				NQ15K-Last 12 months party-Use a designated driver			
Most of the time or always	Hope 55.31%	Non-Hope 50.16%	+	Most of the time or always	Hope 90.51%	Non-Hope 89.26%	
NQ16A-Last 12 months experienced when drinking-Did something you later regretted				NQ16B-Last 12 months experienced when drinking-Forgot where you were or what you did			
Yes	Hope 35.80%	Non-Hope 32.88%		Yes	Hope 27.96%	Non-Hope 28.64%	
NQ16C-Last 12 months experienced when drinking-Got in trouble with the police				NQ16D-Last 12 months experienced when drinking-Someone had sex with me without my consent			
Yes	Hope 2.05%	Non-Hope 2.24%		Yes	Hope 2.22%	Non-Hope 2.84%	
NQ16E-Last 12 months experienced when drinking-Had sex with someone without their consent				NQ16F-Last 12 months experienced when drinking-Had unprotected sex			
Yes	Hope 0.48%	Non-Hope 0.36%		Yes	Hope 13.11%	Non-Hope 21.24%	---
NQ16G-Last 12 months experienced when drinking-Physically injured yourself				NQ16H-Last 12 months experienced when drinking-Physically injured another person			
Yes	Hope 12.20%	Non-Hope 13.25%		Yes	Hope 0.63%	Non-Hope 1.42%	
NQ16I-Last 12 months experienced when drinking-Seriously considered suicide				NQ18A-Last 12 months-Antidepressants (e.g., Celexa, Lexapro, Prozac, Wellbutrin, Zoloft)			
Yes	Hope 2.70%	Non-Hope 4.46%	-	Yes	Hope 1.66%	Non-Hope 2.85%	-

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NQ18B-Last 12 months-Erectile dysfunction drugs (e.g., Viagra, Cialis, Levitra)				NQ18C-Last 12 months-Pain killers (e.g., OxyContin, Vicodin, Codeine)			
Yes	Hope 0.62%	Non-Hope 0.77%		Yes	Hope 3.11%	Non-Hope 4.36%	
NQ18D-Last 12 months-Sedatives (e.g., Xanax, Valium)				NQ18E-Last 12 months-Stimulants (e.g., Ritalin, Adderall)			
Yes	Hope 1.87%	Non-Hope 2.96%	-	Yes	Hope 4.77%	Non-Hope 5.57%	
NQ19-Last 12 months: Number of sexual partners-Number of Partners				RNQ20A-Last 12 months sexual partners-Women			
More than one	Hope 14.12%	Non-Hope 24.10%	---	Yes	Hope 15.63%	Non-Hope 23.26%	---
RNQ20B-Last 12 months sexual partners-Men				RNQ20C-Last 12 months sexual partners-Trans women			
Yes	Hope 33.82%	Non-Hope 44.65%	---	Yes	Hope 0.31%	Non-Hope 0.42%	
RNQ20D-Last 12 months sexual partners-Trans men				RNQ20E-Last 12 months sexual partners-Genderqueer			
Yes	Hope 0.32%	Non-Hope 0.46%		Yes	Hope 0.52%	Non-Hope 0.97%	
RNQ20F-Last 12 months sexual partners-Person(s) with another identity				NQ21A-Last 30 days-Oral sex?			
Yes	Hope 0.21%	Non-Hope 0.45%		Yes	Hope 27.00%	Non-Hope 41.56%	---
NQ21B-Last 30 days-Vaginal intercourse?				NQ21C-Last 30 days-Anal intercourse?			
Yes	Hope 23.52%	Non-Hope 43.47%	---	Yes	Hope 2.41%	Non-Hope 5.16%	---
NQ22A-Last 30 days condom-Oral sex?				NQ22B-Last 30 days condom-Vaginal sex?			
None from those active	Hope 90.30%	Non-Hope 88.46%		None from those active	Hope 25.40%	Non-Hope 28.89%	
NQ22C-Last 30 days condom-Anal intercourse?				NQ23A-Use a method of birth control last time you had vaginal intercourse			
None from those active	Hope 67.31%	Non-Hope 57.84%		Yes of those having vaginal intercourse	Hope 80.00%	Non-Hope 80.81%	
NQ23B1-Method birth control last time vaginal intercourse-Birth control pills (monthly or extended cycle)				NQ23B2-Method birth control last time vaginal intercourse-Birth control shots			
Yes of those using birth control	Hope 62.50%	Non-Hope 58.08%		Yes of those using birth control	Hope 2.58%	Non-Hope 4.49%	

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NQ23B3-Method birth control last time vaginal intercourse-Birth control implants				NQ23B4-Method birth control last time vaginal intercourse-Birth control patch			
Yes of those using birth control	Hope 4.18%	Non-Hope 9.50%	--	Yes of those using birth control	Hope 0.64%	Non-Hope 1.06%	
NQ23B5-Method birth control last time vaginal intercourse-Vaginal ring				NQ23B6-Method birth control last time vaginal intercourse-Intrauterine device (IUD)			
Yes of those using birth control	Hope 1.94%	Non-Hope 2.71%		Yes of those using birth control	Hope 4.55%	Non-Hope 11.46%	---
NQ23B7-Method birth control last time vaginal intercourse-Male condom				NQ23B8-Method birth control last time vaginal intercourse-Female condom			
Yes of those using birth control	Hope 68.39%	Non-Hope 63.02%		Yes of those using birth control	Hope 0.00%	Non-Hope 0.64%	
NQ23B9-Method birth control last time vaginal intercourse-Diaphragm or cervical cap				NQ23B10-Method birth control last time vaginal intercourse-Contraceptive sponge			
Yes of those using birth control	Hope 0.00%	Non-Hope 0.33%		Yes of those using birth control	Hope 0.32%	Non-Hope 0.33%	
NQ23B11-Method birth control last time vaginal intercourse-Spermicide (e.g., foam, jelly, cream)				NQ23B12-Method birth control last time vaginal intercourse-Fertility awareness (e.g., calendar, mucous, basal body temperature)			
Yes of those using birth control	Hope 3.56%	Non-Hope 3.38%		Yes of those using birth control	Hope 9.06%	Non-Hope 8.98%	
NQ23B13-Method birth control last time vaginal intercourse-Withdrawal				NQ23B14-Method birth control last time vaginal intercourse-Sterilization (e.g., hysterectomy, tubes tied, or vasectomy)			
Yes of those using birth control	Hope 42.72%	Non-Hope 34.89%	++	Yes of those using birth control	Hope 0.00%	Non-Hope 1.87%	-
NQ23B15-Method birth control last time vaginal intercourse-Other method				NQ24-Last 12 months: Used emergency contraception			
Yes of those using birth control	Hope 1.63%	Non-Hope 2.32%		Yes of those using birth control	Hope 16.30%	Non-Hope 16.16%	
NQ25-Last 12 months: You/partner became pregnant				NQ26-Self described weight			
Yes of those using birth control	Hope 0.83%	Non-Hope 1.98%		Slightly overweight or more	Hope 30.09%	Non-Hope 36.77%	---
NQ27-Trying to do anything about weight				NQ28-Usual number of fruits/vegetables per day			
Lose weight	Hope 45.60%	Non-Hope 49.80%	-	Three or more servings	Hope 37.64%	Non-Hope 26.75%	+++
NQ29A-Past 7 days-Do moderate-intensity cardio or aerobic exercise (caused a noticeable increase in heart rate, such as a brisk walk) for at least 30 minutes?				NQ29B-Past 7 days-Do vigorous-intensity cardio or aerobic exercise (caused large increases in breathing or heart rate, such as jogging) for at least 20 minutes?			
Yes	Hope 85.80%	Non-Hope 78.35%	+++	Yes	Hope 71.53%	Non-Hope 59.01%	+++

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NQ29C-Past 7 days-Do 8-10 strength training exercises (such as resistance weight machines) for 8-12 repetitions each?				NQ30A-Ever-Felt things were hopeless			
Yes	Hope 56.34%	Non-Hope 47.94%	+++	In last 12 months	Hope 55.54%	Non-Hope 53.00%	
NQ30B-Ever-Felt overwhelmed by all you had to do				NQ30C-Ever-Felt exhausted (not from physical activity)			
In last 12 months	Hope 93.78%	Non-Hope 86.64%	+++	In last 12 months	Hope 88.62%	Non-Hope 83.25%	+++
NQ30D-Ever-Felt very lonely				NQ30E-Ever-Felt very sad			
In last 12 months	Hope 72.93%	Non-Hope 64.06%	+++	In last 12 months	Hope 75.08%	Non-Hope 67.86%	+++
NQ30F-Ever-Felt so depressed that it was difficult to function				NQ30G-Ever-Felt overwhelming anxiety			
In last 12 months	Hope 38.15%	Non-Hope 40.17%		In last 12 months	Hope 62.68%	Non-Hope 59.70%	
NQ30H-Ever-Felt overwhelming anger				NQ30I-Ever-Intentionally cut, burned, bruised, or otherwise injured yourself			
In last 12 months	Hope 39.85%	Non-Hope 41.83%		In last 12 months	Hope 7.05%	Non-Hope 8.46%	
NQ30J-Ever-Seriously considered suicide				NQ30K-Ever-Attempted suicide			
In last 12 months	Hope 12.12%	Non-Hope 12.97%		In last 12 months	Hope 1.76%	Non-Hope 2.07%	
NQ31A1-Last 12 months diagnosed/treated-Anorexia				NQ31A2-Last 12 months diagnosed/treated-Anxiety			
Yes	Hope 1.76%	Non-Hope 1.57%		Yes	Hope 19.59%	Non-Hope 21.63%	
NQ31A3-Last 12 months diagnosed/treated-Attention Deficit and Hyperactivity Disorder (ADHD)				NQ31A4-Last 12 months diagnosed/treated-Bipolar Disorder			
Yes	Hope 6.96%	Non-Hope 7.13%		Yes	Hope 0.93%	Non-Hope 1.89%	-
NQ31A5-Last 12 months diagnosed/treated-Bulimia				NQ31A6-Last 12 months diagnosed/treated-Depression			
Yes	Hope 1.35%	Non-Hope 1.24%		Yes	Hope 16.49%	Non-Hope 17.92%	
NQ31A7-Last 12 months diagnosed/treated-Insomnia				NQ31A8-Last 12 months diagnosed/treated-Other sleep disorder			
Yes	Hope 4.45%	Non-Hope 5.36%		Yes	Hope 2.70%	Non-Hope 2.62%	

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NQ31B1-Last 12 months diagnosed/treated-Obsessive Compulsive Disorder (OCD)				NQ31B2-Last 12 months diagnosed/treated-Panic attacks			
Yes	Hope 3.22%	Non-Hope 3.33%		Yes	Hope 9.87%	Non-Hope 11.18%	
NQ31B3-Last 12 months diagnosed/treated-Phobia				NQ31B4-Last 12 months diagnosed/treated-Schizophrenia			
Yes	Hope 0.52%	Non-Hope 1.43%	-	Yes	Hope 0.10%	Non-Hope 0.41%	
NQ31B5-Last 12 months diagnosed/treated-Substance abuse or addiction (alcohol or other drugs)				NQ31B6-Last 12 months diagnosed/treated-Other addiction (e.g., gambling, internet, sexual)			
Yes	Hope 0.62%	Non-Hope 1.23%		Yes	Hope 0.73%	Non-Hope 0.67%	
NQ31B7-Last 12 months diagnosed/treated-Other mental health condition				NQ32-Ever diagnosed with depression			
Yes	Hope 3.23%	Non-Hope 3.75%		Yes	Hope 19.07%	Non-Hope 22.77%	--
NQ33A-Last 12 months difficult to handle-Academics				NQ33B-Last 12 months difficult to handle-Career-related issue			
Yes	Hope 49.43%	Non-Hope 47.87%		Yes	Hope 21.12%	Non-Hope 24.29%	-
NQ33C-Last 12 months difficult to handle-Death of a family member or friend				NQ33D-Last 12 months difficult to handle-Family problems			
Yes	Hope 17.72%	Non-Hope 16.87%		Yes	Hope 27.39%	Non-Hope 30.07%	
NQ33E-Last 12 months difficult to handle-Intimate relationships				NQ33F-Last 12 months difficult to handle-Other social relationships			
Yes	Hope 28.47%	Non-Hope 31.15%		Yes	Hope 34.23%	Non-Hope 29.21%	+++
NQ33G-Last 12 months difficult to handle-Finances				NQ33H-Last 12 months difficult to handle-Health problem of a family member or partner			
Yes	Hope 24.27%	Non-Hope 34.23%	---	Yes	Hope 20.33%	Non-Hope 20.49%	
NQ33I-Last 12 months difficult to handle-Personal appearance				NQ33J-Last 12 months difficult to handle-Personal health issue			
Yes	Hope 30.50%	Non-Hope 30.01%		Yes	Hope 21.10%	Non-Hope 23.43%	
NQ33K-Last 12 months difficult to handle-Sleep difficulties				NQ33L-Last 12 months difficult to handle-Other			
Yes	Hope 27.59%	Non-Hope 31.89%	--	Yes	Hope 9.84%	Non-Hope 10.57%	

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NQ34A-Ever mental health services-Counselor/Therapist/Psychologist				NQ34B-Ever mental health services-Psychiatrist			
Yes	Hope 42.35%	Non-Hope 40.13%		Yes	Hope 11.68%	Non-Hope 14.86%	--
NQ34C-Ever mental health services-Other medical provider (e.g., physician, nurse practitioner)				NQ34D-Ever mental health services-Minister/Priest/Rabbi/Other clergy			
Yes	Hope 17.15%	Non-Hope 17.71%		Yes	Hope 10.02%	Non-Hope 7.01%	+++
NQ35-Ever received mental health services - University Health/Counseling				NQ36-Consider seeking help from mental health professional in future			
Yes	Hope 26.04%	Non-Hope 19.25%	+++	Yes	Hope 82.51%	Non-Hope 76.66%	+++
NQ37-Last 12 months: Level of stress				NQ38A-Last 30 days-Exercise to lose weight			
Average stress or less	Hope 58.28%	Non-Hope 56.50%		Yes	Hope 49.12%	Non-Hope 50.28%	
NQ38B-Last 30 days-Diet to lose weight				NQ38C-Last 30 days-Vomit or take laxatives to lose weight			
Yes	Hope 32.78%	Non-Hope 37.09%	--	Yes	Hope 2.29%	Non-Hope 2.96%	
NQ38D-Last 30 days-Take diet pills to lose weight				NQ39A-Last 12 months-Had a dental exam and cleaning in the last 12 months?			
Yes	Hope 2.19%	Non-Hope 2.85%		Yes	Hope 87.32%	Non-Hope 77.63%	+++
NQ39B-Last 12 months-(Males) Performed a testicular self exam in the last 30 days?				NQ39C-Last 12 months-(Females) Performed a breast self exam in the last 30 days?			
Yes	Hope 42.80%	Non-Hope 37.88%		Yes	Hope 29.87%	Non-Hope 36.03%	---
NQ39D-Last 12 months-(Females) Had a routine gynecological exam in the last 12 months?				NQ39E-Last 12 months-Used sunscreen regularly with sun exposure?			
Yes	Hope 26.38%	Non-Hope 38.24%	---	Yes	Hope 61.11%	Non-Hope 55.28%	+++
NQ39F-Last 12 months-Ever been tested for Human Immunodeficiency Virus (HIV) infection?				NQ40A-Vaccination/shot-Hepatitis B			
Yes	Hope 16.95%	Non-Hope 25.00%	---	Yes	Hope 93.26%	Non-Hope 86.10%	+++
NQ40B-Vaccination/shot-Human Papillomavirus/HPV (cervical cancer vaccine)				NQ40C-Vaccination/shot-Influenza (the flu) in the last 12 months (shot or nasal mist)			
Yes	Hope 75.56%	Non-Hope 71.12%	++	Yes	Hope 61.83%	Non-Hope 51.63%	+++

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NQ40D-Vaccination/shot-Measles, Mumps, Rubella				NQ40E-Vaccination/shot-Meningococcal disease (meningococcal meningitis)			
Yes	Hope 89.88%	Non-Hope 87.59%		Yes	Hope 90.32%	Non-Hope 85.89%	+++
NQ40F-Vaccination/shot-Varicella (chicken pox)				NQ41A1-Last 12 months diagnosed/treated-Allergies			
Yes	Hope 84.59%	Non-Hope 80.50%	++	Yes	Hope 23.76%	Non-Hope 21.08%	+
NQ41A2-Last 12 months diagnosed/treated-Asthma				NQ41A3-Last 12 months diagnosed/treated-Back pain			
Yes	Hope 11.10%	Non-Hope 9.88%		Yes	Hope 15.77%	Non-Hope 12.30%	++
NQ41A4-Last 12 months diagnosed/treated-Broken bone/Fracture/Sprain				NQ41A5-Last 12 months diagnosed/treated-Bronchitis			
Yes	Hope 7.80%	Non-Hope 6.68%		Yes	Hope 5.53%	Non-Hope 6.21%	
NQ41A6-Last 12 months diagnosed/treated-Chlamydia				NQ41A7-Last 12 months diagnosed/treated-Diabetes			
Yes	Hope 0.62%	Non-Hope 1.50%	-	Yes	Hope 0.52%	Non-Hope 1.22%	
NQ41A8-Last 12 months diagnosed/treated-Ear infection				NQ41A9-Last 12 months diagnosed/treated-Endometriosis			
Yes	Hope 8.51%	Non-Hope 7.68%		Yes	Hope 1.04%	Non-Hope 1.01%	
NQ41A10-Last 12 months diagnosed/treated-Genital herpes				NQ41A11-Last 12 months diagnosed/treated-Genital warts/Human Papillomavirus (HPV)			
Yes	Hope 0.31%	Non-Hope 0.57%		Yes	Hope 0.21%	Non-Hope 0.64%	
NQ41A12-Last 12 months diagnosed/treated-Gonorrhea				NQ41A13-Last 12 months diagnosed/treated-Hepatitis B or C			
Yes	Hope 0.10%	Non-Hope 0.38%		Yes	Hope 0.21%	Non-Hope 0.35%	
NQ41B1-Last 12 months diagnoses/treated-High blood pressure				NQ41B2-Last 12 months diagnoses/treated-High cholesterol			
Yes	Hope 1.24%	Non-Hope 2.83%	--	Yes	Hope 1.45%	Non-Hope 2.37%	
NQ41B3-Last 12 months diagnoses/treated-Human Immunodeficiency Virus (HIV)				NQ41B4-Last 12 months diagnoses/treated-Irritable Bowel Syndrome (IBS)			
Yes	Hope 0.21%	Non-Hope 0.22%		Yes	Hope 2.39%	Non-Hope 3.26%	

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NQ41B5-Last 12 months diagnoses/treated-Migraine headache				NQ41B6-Last 12 months diagnoses/treated-Mononucleosis			
Yes	Hope 7.69%	Non-Hope 9.76%	-	Yes	Hope 2.09%	Non-Hope 1.49%	
NQ41B7-Last 12 months diagnoses/treated-Pelvic Inflammatory Disease (PID)				NQ41B8-Last 12 months diagnoses/treated-Repetitive stress injury (e.g., carpal tunnel syndrome)			
Yes	Hope 0.31%	Non-Hope 0.24%		Yes	Hope 1.46%	Non-Hope 1.76%	
NQ41B9-Last 12 months diagnoses/treated-Sinus infection				NQ41B10-Last 12 months diagnoses/treated-Strep throat			
Yes	Hope 19.27%	Non-Hope 17.83%		Yes	Hope 10.67%	Non-Hope 12.15%	
NQ41B11-Last 12 months diagnoses/treated-Tuberculosis				NQ41B12-Last 12 months diagnoses/treated-Urinary tract infection			
Yes	Hope 0.41%	Non-Hope 0.25%		Yes	Hope 7.38%	Non-Hope 9.26%	-
NQ42-Last 7 days: enough sleep to feel rested				NQ43-Last 7 days: Problem with sleepiness			
3 days or more	Hope 50.67%	Non-Hope 52.03%		3 days or more	Hope 21.66%	Non-Hope 20.42%	
NQ44A-Last 7 days-Awakened too early in the morning and couldn't get back to sleep?				NQ44B-Last 7 days-Felt tired, dragged out, or sleepy during the day?			
3 days or more	Hope 38.63%	Non-Hope 49.55%	---	3 days or more	Hope 96.17%	Non-Hope 92.60%	+++
NQ44C-Last 7 days-Gone to bed because you just could not stay awake any longer?				NQ44D-Last 7 days-Had an extremely hard time falling asleep?			
3 days or more	Hope 68.01%	Non-Hope 67.45%		3 days or more	Hope 54.55%	Non-Hope 59.61%	--
NQ45A1-Academic performance-Alcohol use				NQ45A2-Academic performance-Allergies			
1 day or more	Hope 2.59%	Non-Hope 3.29%		1 day or more	Hope 1.56%	Non-Hope 2.59%	-
NQ45A3-Academic performance-Anxiety				NQ45A4-Academic performance-Assault (physical)			
1 day or more	Hope 25.88%	Non-Hope 26.24%		1 day or more	Hope 0.63%	Non-Hope 0.80%	
NQ45A5-Academic performance-Assault (sexual)				NQ45A6-Academic performance-Attention Deficit and Hyperactivity Disorder (ADHD)			
1 day or more	Hope 1.87%	Non-Hope 1.81%		1 day or more	Hope 5.61%	Non-Hope 6.54%	

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NQ45A7-Academic performance-Cold/Flu/Sore throat				NQ45A8-Academic performance-Concern for a troubled friend or family member			
1 day or more	Hope 15.78%	Non-Hope 14.69%		1 day or more	Hope 11.41%	Non-Hope 11.24%	
NQ45B1-Academic performance-Chronic health problem or serious illness (e.g., diabetes, asthma, cancer)				NQ45B2-Academic performance-Chronic pain			
1 day or more	Hope 4.05%	Non-Hope 4.32%		1 day or more	Hope 1.76%	Non-Hope 3.54%	--
NQ45B3-Academic performance-Death of a friend or family member				NQ45B4-Academic performance-Depression			
1 day or more	Hope 6.02%	Non-Hope 6.21%		1 day or more	Hope 15.18%	Non-Hope 17.69%	-
NQ45B5-Academic performance-Discrimination (e.g., homophobia, racism, sexism)				NQ45B6-Academic performance-Drug use			
1 day or more	Hope 1.04%	Non-Hope 1.36%		1 day or more	Hope 0.73%	Non-Hope 1.74%	-
NQ45B7-Academic performance-Eating disorder/problem				NQ45B8-Academic performance-Finances			
1 day or more	Hope 1.77%	Non-Hope 1.60%		1 day or more	Hope 3.34%	Non-Hope 6.94%	---
NQ45C1-Academic performance-Gambling				NQ45C2-Academic performance-Homesickness			
1 day or more	Hope 0.21%	Non-Hope 0.31%		1 day or more	Hope 6.45%	Non-Hope 4.50%	++
NQ45C3-Academic performance-Injury (fracture, sprain, strain, cut)				NQ45C4-Academic performance-Internet use/computer games			
1 day or more	Hope 1.57%	Non-Hope 2.47%		1 day or more	Hope 10.07%	Non-Hope 9.69%	
NQ45C5-Academic performance-Learning disability				NQ45C6-Academic performance-Participation in extracurricular activities (e.g., campus clubs,			
1 day or more	Hope 3.54%	Non-Hope 3.94%		1 day or more	Hope 18.69%	Non-Hope 10.74%	+++
NQ45C7-Academic performance-Pregnancy (yours or your partner's)				NQ45C8-Academic performance-Relationship difficulties			
1 day or more	Hope 0.31%	Non-Hope 0.63%		1 day or more	Hope 8.93%	Non-Hope 9.13%	
NQ45D1-Academic performance-Roommate difficulties				NQ45D2-Academic performance-Sexually transmitted disease/infection (STD/I)			
1 day or more	Hope 4.46%	Non-Hope 5.58%		1 day or more	Hope 0.31%	Non-Hope 0.39%	

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NQ45D3-Academic performance-Sinus infection/Ear infection/Bronchitis/Strep throat				NQ45D4-Academic performance-Sleep difficulties			
1 day or more	Hope 5.08%	Non-Hope 5.06%		1 day or more	Hope 22.22%	Non-Hope 22.95%	
NQ45D5-Academic performance-Stress				NQ45D6-Academic performance-Work			
1 day or more	Hope 38.42%	Non-Hope 33.30%	+++	1 day or more	Hope 9.98%	Non-Hope 13.36%	--
NQ45D7-Academic performance-Other (please specify)				RNQ47A-Biological sex			
1 day or more	Hope 2.57%	Non-Hope 2.33%		Male	Hope 27.54%	Non-Hope 33.33%	---
RNQ47B-Transgender				NQ52-Enrollment Status			
Yes	Hope 1.56%	Non-Hope 1.55%		Part-time	Hope 1.04%	Non-Hope 5.49%	---
NQ53-Last 12 months: transferred to college or university				NQ54A-Race/Ethnicity-White			
Yes	Hope 6.62%	Non-Hope 12.78%	---	Yes	Hope 89.04%	Non-Hope 74.12%	+++
NQ54B-Race/Ethnicity-Black				NQ54C-Race/Ethnicity-Hispanic or Latino/a			
Yes	Hope 2.38%	Non-Hope 6.18%	---	Yes	Hope 5.17%	Non-Hope 11.30%	---
NQ54D-Race/Ethnicity-Asian or Pacific Islander				NQ54E-Race/Ethnicity-American Indian, Alaskan Native, or Native Hawaiian			
Yes	Hope 3.83%	Non-Hope 10.15%	---	Yes	Hope 0.41%	Non-Hope 1.91%	---
NQ54F-Race/Ethnicity-Biracial or Multiracial				NQ54G-Race/Ethnicity-Other			
Yes	Hope 2.28%	Non-Hope 4.25%	--	Yes	Hope 1.14%	Non-Hope 1.99%	
NQ55-International student				NQ56-Relationship status			
Yes	Hope 4.05%	Non-Hope 4.24%		In a relationship	Hope 37.72%	Non-Hope 45.23%	---
NQ57-Martial Status				NQ58-Current Residence			
Not single	Hope 1.55%	Non-Hope 8.59%	---	Not college housing	Hope 14.61%	Non-Hope 44.80%	---

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NQ59-Fraternity or sorority member				NQ60-Hours per week for pay			
Yes	Hope 10.27%	Non-Hope 10.04%		1 or more	Hope 64.80%	Non-Hope 56.07%	+++
NQ61-Hours per week volunteer				NQ62-Primary source of health insurance			
1 or more	Hope 45.55%	Non-Hope 37.45%	+++	Does not have	Hope 1.03%	Non-Hope 4.29%	---
NQ63-Approximate GPA				NQ64A-Last 12 months-Varsity			
Less than A	Hope 48.81%	Non-Hope 58.34%	---	Yes	Hope 24.95%	Non-Hope 9.47%	+++
NQ64B-Last 12 months-Club Sports				NQ64C-Last 12 months-Intramurals			
Yes	Hope 6.23%	Non-Hope 11.88%	---	Yes	Hope 33.72%	Non-Hope 19.56%	+++
NQ65A-Do you have any of the following disabilities or medical conditions: ADHD				NQ65B-Do you have any of the following disabilities or medical conditions: Chronic illness			
Yes	Hope 8.59%	Non-Hope 8.92%		Yes	Hope 4.35%	Non-Hope 5.53%	
NQ65C-Do you have any of the following disabilities or medical conditions: Deafness/hearing loss				NQ65D-Do you have any of the following disabilities or medical conditions: Learning disability			
Yes	Hope 1.76%	Non-Hope 2.32%		Yes	Hope 3.43%	Non-Hope 5.17%	-
NQ65E-Do you have any of the following disabilities or medical conditions: Mobility/Dexterity disability				NQ65F-Do you have any of the following disabilities or medical conditions: Partial sightedness/blindness			
Yes	Hope 0.52%	Non-Hope 1.06%		Yes	Hope 1.56%	Non-Hope 2.85%	-
NQ65G-Do you have any of the following disabilities or medical conditions: Psychiatric condition				NQ65H-Do you have any of the following disabilities or medical conditions: Speech or language disorder			
Yes	Hope 7.48%	Non-Hope 8.82%		Yes	Hope 0.52%	Non-Hope 1.11%	
NQ65I-Do you have any of the following disabilities or medical conditions: Other disability				NQ66-Currently or have been member of US Armed Services			
Yes	Hope 1.68%	Non-Hope 2.96%	-	Yes	Hope 0.10%	Non-Hope 2.82%	---