

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b>	<b>2</b>	<b>3</b>  SUMMER REGISTRATION OPENS 9:00AM <a href="http://www.hope.edu/hasp/classes">www.hope.edu/hasp/classes</a>	<b>4</b>	<b>5</b>  OFFICE CLOSED	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b> 9:00AM ANNUAL BUSINESS MEETING 11:30AM BOARD OF DIRECTORS MEETING	<b>10</b>	<b>11</b>	<b>12</b>  OFFICE CLOSED	<b>13</b>
<b>14</b>	<b>15</b>  1:00PM SOC10 (H) Christian Nationalism	<b>16</b> 9:30AM SMT02 (O) EV Battery Remanufacturing  1:00PM HUM03 (H) Rules of Warfare	<b>17</b>  1:00PM SMT07 (H) Beers Criteria for Medicines	<b>18</b> 9:30AM ART01 (C) Summer Rerun Theatre  1:00PM SOC01 (H) D-Day and Bedford, VA	<b>19</b>  OFFICE CLOSED	<b>20</b>
<b>21</b>	<b>22</b> 9:30AM- SMT04 (H) New Therapies in Cardiology  1:00PM SOC10 (H) Christian Nationalism	<b>23</b> 9:30AM SOC07 (H) Patient Advocacy  1:00PM HUM03 (H) Rules of Warfare	<b>24</b> 9:30AM SMT03 (H) Passenger Pigeons  1:00PM SOC08 (H) Holland Armory at 100	<b>25</b> 9:30AM ART01 (C) Summer Rerun Theatre	<b>26</b>  OFFICE CLOSED	<b>27</b>
<b>28</b>	<b>29</b> 9:30AM SOC06 (C) Highway 41 History  1:00PM HUM06 (H) A Lesbian's Memoir	<b>30</b>				
<b>(C) CLASSROOM ONLY      (V) VIRTUAL ONLY      (H) HYBRID      (O) OFFSITE</b>						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b>	<b>2</b> 9:30AM ART01 (C) Summer Rerun Theatre  1:00PM SMT01 (H) Volcanology 101	<b>3</b> <b>OFFICE CLOSED</b>	<b>4</b>
<b>5</b>	<b>6</b>  1:00PM SMT13 (C) Smartphone Photography	<b>7</b> 9:30AM MONTHLY PROGRAM	<b>8</b> 9:30AM SMT02 (O) EV Battery Remanufacturing  1:00PM SOC13 (H) Presidential Elections	<b>9</b> 9:30AM ART01 (C) Summer Rerun Theatre	<b>10</b> <b>OFFICE CLOSED</b>	<b>11</b>
<b>12</b>	<b>13</b> 9:30AM SOC04 (C) Mindfulness Meditation  1:00PM SMT13 (C) Smartphone Photography	<b>14</b> 9:30AM HUM08 (C) Non-Fiction Books: <i>On Tyranny</i>	<b>15</b>  1:00PM SOC03 (C) Chinese Tea	<b>16</b> 9:30AM ART01 (C) Summer Rerun Theatre  1:00PM SMT08 (O) From Grain to Glass	<b>17</b> <b>OFFICE CLOSED</b>	<b>18</b>
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<b>26</b>	<b>27</b>  1:00PM HUM07 (C) Writing Our Own Obituary	<b>28</b>	<b>29</b> 9:30AM SMT05 (H) Conserving MI's Vernal Pools	<b>30</b> 9:30AM SMT06 (C) Personality in Handwriting  1:00PM ART03 (O) Hip Hop Dance	<b>31</b> <b>OFFICE CLOSED</b>	
<b>(C) CLASSROOM ONLY                      (V) VIRTUAL ONLY                      (H) HYBRID                      (O) OFFSITE</b>						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	<b>3</b> 9:30AM SOC09 (H) History of Doubt  1:00PM SMT15 (H) Living with Chronic Migraine	<b>4</b> 9:30AM MONTHLY PROGRAM  1:00PM SMT11 (H) Obesity & Metabolic Disease	<b>5</b> 9:30AM SOC12 (H) MI Pioneer and Historical Society	<b>6</b> 9:30AM ART04 (C) George Nelson, Designer  1:00PM SMT02 (O) EV Battery Remanufacturing	7 <b>OFFICE CLOSED</b>	8
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(C) CLASSROOM ONLY

(V) VIRTUAL ONLY

(H) HYBRID

(O) OFFSITE



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## **SOC10 – Christian Nationalism: How Big a Problem Is It for American Democracy?**

Christian Nationalism has been associated with events ranging from the January 6, 2021, attack on the U.S. Capitol to the brief tenure of the Ottawa Impact political group. But what is Christian nationalism? And how does it fit within other historical movements that merged religious and national identity, such as manifest destiny, American exceptionalism, and civil religion?

**June 15:** David Ryden will offer a precise definition of Christian Nationalism, provide explicit examples of it, examine its historical context, and explore how widespread it is.

**June 22:** We will consider whether Christian Nationalism remains a useful description, given the looseness with which it is often used. We also will explore the problems raised by the unhealthy mixing of religious conviction, patriotism, and political activism—for both our democratic and our religious institutions.

*David Ryden joined the Hope College political science faculty in 1994. He has published numerous books and articles on the Supreme Court, the electoral process, religious liberty, and other topics at the intersection of religion and politics. Ryden has a BA from Concordia College, a law degree from the University of Minnesota, and a PhD from The Catholic University of America.*

Dates: MONDAYS, June 15 and 22  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$10.00  
Coordinator: Steve Norden

## SMT02 – Electric Vehicle Battery Recycling and Remanufacturing Facility Tour

HASP members will attend one of three guided tours of ATC Reman’s remanufacturing facility at 1285 S. Waverly Rd, Holland, MI. The tour will show and explain the sequential steps of reclamation, recycling, remanufacture, and quality control that result in the salvage or restoration of a used battery assembly to new, or nearly new, levels of performance.

Note: Those taking the tour should park in the facility’s parking lot and wear sturdy, closed-toe shoes. Tour guides may provide additional personal safety equipment.

*Joe McKeever has a BSBA degree in operations management from Central Michigan University. He launched and managed LG Energy Solution’s EV battery production for eight years. In 2022, he joined ATC Reman as the plant manager and started a “Green” field program launch for remanufacturing of EV battery systems. He manages four sites, which include electronic repair, EV battery repair, EV battery remanufacturing, recycler for black mass, and warehousing of cores/reclaimed materials.*

Date/Times: TUESDAY, June 16 at 9:30am, WEDNESDAY, July 8 at 9:30am, **OR** THURSDAY, August 6 at 1:00pm (please register for only one date)  
Mode: OFFSITE (ATC Reman, 1285 S Waverly Rd., Holland, MI)  
**Limit: 10 enrollees per date**  
Cost: \$5.00  
Coordinator: Bill Wells

**Special Instructions:** Tour attendants should wear sturdy, closed-toe shoes. Tour guides may provide additional personal safety equipment.

## HUM03 – The Rules of Warfare: Another Look at Just War

Douglas Vrieland will identify the importance of the rules of warfare, examine the seven criteria identified by St. Augustine for a “just war,” and describe some of the difficulties of living within the tradition in modern warfare.

**June 16:** We will consider the need for rules in warfare and the criteria under *jus ad bellum*, the right to wage warfare.

**June 23:** We will consider *jus in bello*, the challenges of modern warfare (such as nuclear weapons and the threat of terrorism) and examine the contemporary idea of *jus post bellum*, or justice after war.

*Douglas Vrieland has a BA degree in history from Calvin University, an MDiv from Calvin Seminary, and a DMin in military ministry from Fuller Seminary. An ordained minister in the Christian Reformed Church, he served as a U.S. Navy chaplain 1996-2016.*

Dates: TUESDAYS, June 16 and 23  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$10.00  
Coordinator: Douglas Brouwer

## SMT07 – Beers Criteria: A Guide to Medication Safety for Older Adults

The Beers Criteria is a guide created by medical experts to help identify medicines that may cause additional side effects in older adults. As we age, our bodies handle medications differently, and certain drugs can increase the chance of dizziness, confusion, falls, or interactions with other medicines. The guide is not a list of “bad” drugs but a tool to help doctors and pharmacists choose the safest options. This presentation will help you make informed choices about the medications you take.

*HASP member **Jane MacPherson** earned her MD at Michigan State University’s College of Human Medicine, followed by a family practice residency. She is board certified in family medicine and hospice and palliative medicine. She has worked in various practice settings, including primary care, geriatrics, and inpatient palliative medicine, and she has served as hospice medical director. Most recently, she focused on palliative medicine services offered to oncology patients in Salt Lake City, Utah.*

Date: WEDNESDAY, June 17  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Bill Wells

## ART01 – Laura Verplank Summer Rerun Theatre

Jack Hyde continues the summer tradition of showing and discussing reruns of some of the most popular films in the Laura Verplank Film Series.

**June 18:** *North by Northwest* (1959, 136 minutes, but worth it all!)

Businessman (Cary Grant) gets caught up in an international web of spy intrigue with the help of Alfred Hitchcock. A white-knuckles thriller.

**June 25:** *Louise by the Shore* (2016, 75 minutes, artistically animated, French with English subtitles, originally shown in HASP Spring 2023)

Louise misses the last train of the summer season from the summer resort and has to make do, remaining there for the winter. A sweet lady in a fix finds her way, as many of us have done.

**July 2:** *The Windermere Children* (2020, 88 minutes, originally shown in HASP Fall 2021)

A true story of children rescued from WWII death camps and rehabilitated in the Lake District of the U.K. Four sheets of Kleenex recommended.

**July 9:** *The Audition* (2008, 154 minutes, originally shown in HASP Spring 2013)

This documentary looks at the immense pressures faced by young opera singers as they struggle to succeed. At the Metropolitan Opera's National Council Auditions each year, thousands of hopefuls face their fears and compete for a cash prize, the chance to sing on the Met stage, and an opportunity to launch a major operatic career.

**July 16:** *The Last Bus* (2021, 84 minutes, originally shown in HASP Spring 2024)

An elderly widower uses his free bus pass to take a nostalgic journey to find closure and to fulfill a promise to his late wife. His journey becomes a national news story.

*HASP members **Elsa** and **Jack Hyde** were teachers and appreciate founder John Hollenbach's idea of HASP classes being presented by its members.*

Dates: THURSDAYS, June 18, 25, July 2, 9, and 16  
Time: 9:30am - 12:00pm  
Mode: CLASSROOM  
Cost: \$5.00 per session  
Coordinator: Elsa Hyde

### **SOC01 – D-Day, D-Day Girls, and the Boys from Bedford (Virginia)**

D-Day was the largest seaborne invasion in history, and the Allied landings in France on June 6, 1944 were key to the eventual victory of the Allied forces over the Axis powers in WWII. In the context of that massive invasion, what critical role was secretly played by women from several countries? And why is the U.S. D-Day Memorial in the small town of Bedford, Virginia? Tom Curtis will share answers to these questions in his presentation.

*Tom Curtis, who has extensive experience in environmental policy, is a retired government affairs consultant from the Commonwealth of Virginia. He worked for more than 35 years in various nonprofit organizations in Washington, D.C. Curtis graduated magna cum laude from West Virginia University and was chosen to be a member of Phi Beta Kappa. After military service, including a tour as an Army platoon leader, he earned a master's degree in public administration from West Virginia University*

Date: THURSDAY, June 18  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Kit Janssen Leggett

### **SMT04 – New and Novel Therapies in Cardiology for an Aging Population**

William Frauenheim will explain new and novel changes in diagnostic tools and therapies for various cardiology conditions that affect an aging population. Topics will include artificial intelligence advances in diagnostics, advances in the treatment of atrial fibrillation (AFib), and nonsurgical aortic valve replacement. Where are we now, and what changes are in the near future?

*William Frauenheim is a graduate of Kalamazoo College (1981) and the University of Michigan College of Medicine (1985). He then received an MS degree in public health from Columbia University and worked for the U.S. Department of Public Health until 1989. He completed a residency in internal medicine at Wayne State and a cardiology fellowship at Rush Presbyterian Hospital. He has been in private practice in Holland since 1997.*

Date: MONDAY, June 22  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: John Kobs

### **SOC07 – How To Be a Responsible and Helpful Patient Advocate**

David Blauw will assist class participants in understanding documents such as Durable Power of Attorney for Healthcare and Living Wills and will offer practical help in understanding Advance Healthcare Directives. More importantly, he will discuss how to talk with Patient Advocates about healthcare wishes, should they be called upon to make healthcare decisions on someone’s behalf. David also will discuss ways to talk with loved ones about after-death details, including funeral arrangements.

*David Blauw is a retired minister in the Reformed Church in America. After working in hospital chaplaincy at The Medical Center at Princeton, NJ, he moved to Holland, where from 1994–2023 he was the head of Spiritual Care Services at Holland Hospital. There he also chaired the hospital's Healthcare Ethics Committee, overseeing Advance Care Planning and the requirements for Patient Advocate Designation. Blauw received a BA from Hope College and MDiv from Western Theological Seminary. He completed chaplaincy training at Johns Hopkins Hospital and is a board-certified chaplain in the Association of Professional Chaplains.*

Date: TUESDAY, June 23  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Kathleen Kennedy

### **SMT03 – The Passenger Pigeon: A Lesson Learned from an Environmental Misstep**

Ever since the publication of Rachel Carson’s *Silent Spring* in 1962, we have become increasingly aware of environmental threats to flora and fauna. The passenger pigeon offers us an early example of human threats to bird populations—a “fable for tomorrow,” to use Carson’s words. Glenn Rutgers will document the extinction of the passenger pigeon and present a brief overview of various birds in our area, focusing on two species that were nearly lost, the American bald eagle and the wild turkey.

*Glenn Rutgers received a BA degree in social studies from Spring Arbor College and an MA from Ball State University. He served in the U.S. Air Force for nine years, was an ESL instructor and GED instructor, and has served as a custodial supervisor. Since retiring, Rutgers has taken up photography as a means of capturing the beauty of nature, especially birds.*

Date: WEDNESDAY, June 24  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Linda Fulton

### **SOC08 – The Holland Armory: 100 Years of Service**

The Holland Armory celebrated its centennial anniversary in 2025. The building has served as the home for the Holland National Guard and as Holland's first Civic Center. It is currently part of the Holland Museum. Rick Bosch presents the history and plans for the building that will carry its mission forward in the twenty-first century.

*HASP member **Rick Bosch** grew up in Holland, MI. After graduating from Hope College, he received a PhD in chemistry at Northwestern University. Following a 30-year career in the chemical industry, he moved back to Holland. He volunteers at the Holland Museum, Outdoor Discovery Center, and Ottawa County Parks. He also leads the HASP Hiking Group.*

Date: WEDNESDAY, June 24  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Frances Hackney

### **SOC06 – Unearthing Highway 41: An American Journey**

Christopher Clott will cover a broad swath of the United States from north to south via travel on Highway 41, a road that spans over eight states from the Upper Peninsula of Michigan to Miami, Florida. The road traverses major cities, small towns, farmland, swamps, and forests. The past and present are intermingled within controversial historical and current issues that remain part of the American journey. Clott will combine photos in a PowerPoint presentation with reading from his recently published book about the road.

***Christopher Clott** received a PhD and is a former professor of international business and maritime logistics with a keen interest in how people live and work. Prior to academia he worked in the global shipping industry. He lives in the Chicago suburb of Western Springs.*

Date: MONDAY, June 29  
Time: 9:30am - 11:00am  
Mode: CLASSROOM  
Cost: \$5.00  
Coordinator: Andrew Bissonnette

### **HUM06 – A Lesbian’s Memoir: *Here Before There Was Queer***

Carol Tanis will describe her experiences growing up as a closeted lesbian in Hudsonville in the 1960s and 1970s, marrying, divorcing, trying therapy, moving away, finding a woman to love, responding to the fallout from that relationship, getting laid off from her job in Reno, returning home to live with Mom, dealing with anxiety, experiencing joy in coming out as queer, and finding community and churches where she can be her authentic self. She will discuss why and how she wrote her memoir and read excerpts about her zig-zag journey to pride.

*After receiving a BS degree in arts and media from GVSU, **Carol Tanis** worked as a radio and TV news reporter in Grand Rapids for several years before working in public relations at Central Michigan University and later in Reno, Nevada, promoting tourism. Returning to her hometown, Hudsonville, she worked as public relations manager for the Grand Rapids Symphony for eight years before tapering down toward retirement. She enjoys taking walks, reading, and hanging out with her family (Judy Parr is her sister) and friends.*

Date: MONDAY, June 29  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Judy Parr

### **SMT01 – Volcanology 101: Angry Bubbles, Big Booms, and Whether Yellowstone is Going to Blow**

Most people don’t realize that between 40 and 60 volcanos erupt per day on Earth. Some eruptions are a draw for tourism, while others pose threats to lives and infrastructure. Learn about the basics of eruption behavior, why some volcanoes behave differently from others, how an eruption brought us *Frankenstein*, and whether you should worry about another big eruption from Yellowstone.

***Shannon Kobs Nawotniak** was born and raised in Holland and graduated from West Ottawa High School. She received a BS degree in geology from Michigan Techological University and a PhD from SUNY Buffalo. She is the chairperson of Geosciences at Idaho State University.*

Date: THURSDAY, July 2  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: John Kobs

### SMT13 – Better Photography with a Smartphone

Smartphones are ubiquitous. They invariably include a built-in camera, inviting owners to dabble in photography. But how does one take advantage of this feature? Ralph Fairbanks will share his expertise to allow neophytes and more advanced users alike to exploit the features of the camera found in iPhones and Android devices.

**July 6:** Focus on basic functions such as camera orientation, front and rear camera, shutter delay, location tags, vibration feedback, and more.

**July 13:** Focus on composition, lighting, exposure, image resolution, portrait mode, zoom levels, flash usage, night photography, post-processing, and more.

*HASP member **Ralph Fairbanks** received a BS degree in aerospace technology from Kent State University and an MBA from Governors State University. He served three tours of duty in Vietnam as a search and rescue helicopter aircraft commander and later had a career in logistics and process engineering. He is an accomplished photographer, specializing in landscape and macro photography. He has applied his talent to HASP photography projects.*

Dates: MONDAYS, July 6 and 13  
Time: 1:00pm - 2:30pm  
Mode: CLASSROOM  
**Limit: 24 enrollees**  
Cost: \$10.00  
Coordinator: Louis Morel

### SOC13 – Every Four Years: U.S. Presidential Elections

Lu Paletta will cover the historical context of U.S. presidential elections. It will include surprising facts, near misses, and the evolution of the election process, which is especially relevant this election cycle. She will discuss the importance of watershed elections (1860, 1876, 1912, 1932, 1960, and 2000) and set the stage for the midterm elections this year.

***Lu Paletta** is a lifelong history buff who has studied American presidents for over 40 years. She has written books on the American presidency, first ladies, and the American election process. She has delivered over 250 speeches on American History and written numerous articles. She retired from a professional career that included 20 years in the consumer electronics industry and 15 years in financial services. She received a BBA and an MBA from Western Michigan University.*

Date: WEDNESDAY, July 8  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Frances Hackney

## **SOC04 – Mindfulness Meditation: A Foundational Practice for Living Fully**

Whether we are in moments of joy or challenge, learning to live fully by being present serves our well-being. Mindfulness meditation builds our capacity to flow with and navigate life with openness and ease. Being present allows us to embrace each moment with honesty and discover the truth, care, and courage that are within to meet it. Mindfulness meditation is a powerful tool for transforming our habitual reactions into wise responses. This practice serves ourselves, our relationships, and our world.

**July 13:** Kim Mulder will introduce mindfulness and mindfulness meditation with the teachings and practices centered on the first two foundations of mindfulness (body and feelings).

**July 20:** We will focus on the third foundation of mindfulness (mind) and mindful self-compassion practice.

*Kim Mulder is a spiritual director and mindfulness meditation teacher/mentor with more than a decade of experience. She trained with Jack Kornfield and Tara Brach, two of the most esteemed teachers in mindfulness around the world. Mulder meets with people one-to-one and is the teacher for two ongoing meditation groups, which began during the COVID pandemic to offer these practices of wisdom and compassion in a challenging time. She has taught classes for several local organizations and on various retreats.*

Dates: MONDAYS, July 13 and 20  
Time: 9:30am - 11:00am  
Mode: CLASSROOM  
Cost: \$10.00  
Coordinator: Steve Norden

## **HUM08 – Nonfiction Books: *On Tyranny***

HASP members choose recent nonfiction books of interest and take turns leading lively discussions. Participants are expected to read the chosen book before the class, if possible, but all are welcome. Books are available from Reader's World in downtown Holland at a 20% discount, at your local library, or from an online source.

July 14: *On Tyranny: Twenty Lessons from the Twentieth Century* by Timothy Snyder (2017)

This book examines the concept of tyranny in American politics but looks to the past for solutions. The author states that "history does not repeat but it does instruct." The book has been described as "a call to arms and a guide to resistance."

Discussion leader: Cynthia Prah

Date: TUESDAY, July 14  
Time: 9:30am - 11:00am  
Mode: CLASSROOM  
Cost: \$5.00  
Coordinators: Betsy Snider and Barb Springer Selig

### SOC03 – The History and Culture of Chinese Tea

Wally Fu will present the history of the discovery of tea, the popularity of drinking this beverage, tea trade using the traditional Silk Road, and the global acceptance of tea drinking. We will experience the taste of genuine Chinese green and black tea. This course includes a \$2 fee for a porcelain drinking vessel, which will be yours to use and keep.

*HASP member **Wally Fu** grew up in Hong Kong. He received a BS from St. John's University in Minnesota, and a PhD from Marquette University, and he did post-doctoral research at Cornell University. For 30 years he worked in the chemical and pharmaceutical industries. He then taught college chemistry at GVSU, Hope College, and Amherst College. He retired in 2016.*

Date: WEDNESDAY, July 15  
Time: 1:00pm - 2:30pm  
Mode: CLASSROOM  
**Limit:** 28  
Cost: \$7.00 (Includes \$2.00 course fee)  
Coordinator: Jane Lindemuth

### SMT08 – From Grain to Glass: An Introduction to the Brewing Process

In this workshop Allison Hoekstra will provide an introduction to the brewing process and the four essential ingredients—water, malt, hops, and yeast—that create the flavors of beer. She will lead participants through an interactive sensory experience where raw ingredients are explored firsthand. Participants will rub hops and chew malt to identify their unique characteristics before tasting specific beer samples to see exactly how each ingredient leaves its fingerprint on the final pour.

***Allison Hoekstra** is an assistant professor at Grand Rapids Community College, teaching in the Secchia Institute for Culinary Education. Her expertise is in beer, wine, and spirits management and sensory analysis. She is a Certified Cicerone at WSET Wine Level 2 and WSET Spirits Level 1. Prior to teaching, Hoekstra spent over two decades working in the hospitality industry in West Michigan and Seattle, Washington.*

Date: THURSDAY, July 16  
Time: 1:00pm - 2:30pm  
Mode: OFFSITE (Common Room, River Place, 9th St. and River Ave., Holland)  
**Limit:** 20  
Cost: \$5.00  
Coordinator: David Van Appledorn

## HUM07 – Having the Last Word: Writing Our Own Obituary

As retirees, we have all read many obituaries. How many of them have actually communicated the essence of the persons? Have these brief life stories been insightful about what these persons would want remembered about their lives?

**July 20:** Debbie Bissonnette will lead a discussion about the reasons for writing our own obituary and methods for crafting this short narrative. Our homework will be to write a first draft of our obituary.

**July 27:** We will share our drafts and make supportive comments and suggestions.

*HASP member **Debbie Bissonnette** is a writer of poetry and memoirs, a watercolorist, and calligrapher. She has led classes for the senior learning organization PLATO in Madison, WI. She was active in the schools, libraries, and hospice, offering art and religious education in Beaver Dam and Sun Prairie, Wisconsin, for many years. She loves literature and gardening. She has numerous other interests and volunteer leadership experiences.*

Dates: MONDAYS, July 20 and 27  
Time: 1:00pm - 2:30pm  
Mode: CLASSROOM  
**Limit: 20**  
Cost: \$10.00  
Coordinator: Judy Parr

## SMT14 – Headache Essentials: Differentiating and Managing Common Headache Disorders

Participants will learn key clinical features that distinguish primary and secondary headaches, with an emphasis on migraine. Emily Johnson will review evidence-based management strategies, including both pharmacologic and non-pharmacologic approaches to migraine care. The goal is to equip participants with a structured approach to the management of migraines.

***Emily Johnson, MD**, practices at Trinity Health Grand Haven Neurology Clinic and is program director for Trinity Health Grand Rapids Neurology Residency. She earned a BS degree from the University of Michigan and an MD from Wayne State University. She did her neurology residency at Vanderbilt University. She joined Trinity Health in 2016 and served as medical director of general neurology and the headache program. She is board-certified in headache medicine through the United Council for Neurologic Subspecialties.*

Date: TUESDAY, July 21  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Susan P. Ryan

## SOC02 – Monuments in Our Nation’s Capital: Stories in Stone

As we celebrate America at 250 this summer, our eyes will turn to the nation’s capital and its historic sites. Monuments in Washington, D.C., were built primarily to honor key figures and ideals central to our history. They serve to represent national achievements and symbolize national identity, creating a central landscape for civic reflection on our past, present, and future. We will discover surprising secrets behind America’s monuments—from papal pauses to wartime damage, and even a summertime swim spot.

*Kim Murphy served as a life enrichment coordinator in several Grand Rapids senior facilities for over 34 years. She recently transitioned to full-time writing and public speaking. She is passionate about providing opportunities for people to be lifelong learners. Murphy was a winner of West Michigan Woman’s 2023 Brilliance Award. She attended California State University-Fullerton.*

Date: TUESDAY, July 21  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Sharon Tabaka

## HUM05 – Planning Your Funeral Celebration

Tim Vreeman will lead a discussion of the elements needed in preparing for one’s own funeral, in order to spare loved ones unnecessary stress at a very difficult time. Participants will design the celebration of their life (or the life of their loved one) by preparing all the needed documentation for their funeral life story. Vreeman will bring all the forms families need to prepare in advance and guide participants in completing those forms.

*Rev. Tim Vreeman has pastored people for over 25 years and been a funeral director, planner, and pastor on staff at Langeland Sterenberg Funeral Home for 10 years. He also serves the community as a member of the Holland City Council.*

Date: WEDNESDAY, July 22  
Time: 1:00pm - 2:30pm  
Mode: CLASSROOM  
Cost: \$5.00  
Coordinator: Joyce Kortman

### **SOC05 – Sumo: Japan’s Ancient National Sport**

For many, Sumo is shrouded in mystery and misunderstanding. Sumo is Japan’s national sport, the first mention of which can be dated to a 712 CE manuscript, which describes how the possession of the Japanese islands was decided in a match between the kami (gods) Takemikazuchi and Takeminakata. The class will feature a brief history of sumo, video and in-person demonstrations of the rituals of sumo, sumo rules and techniques, recent controversies, and the life of a sumo wrestler.

*HASP member **Steve Norden** spent his formative years (1953-70) in Japan as the child of Reformed Church in America missionary parents. During his early elementary school years, he became interested in and a fan of sumo, and this interest continues to the present. He received a BA from Hope College and an MDiv from Western Theological Seminary.*

Date: THURSDAY, July 23  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Frances Hackney

### **ART02 – Let’s Eat: A Short History of the Foods We Love**

What did early Americans eat in the 13 colonies? Where do our dishes come from? We’ll investigate the origins of some of our favorites, including pizza, hot dogs, hamburgers, and cherry pie. Of course, we’ll include the backgrounds on foods that are nutritious and good for us as well. Join us for a mouth-watering session that will answer many of your questions about American’s most popular dishes.

***Gary Hauck** holds a PhD from Michigan State University and is Dean Emeritus of Arts & Sciences at Montcalm Community College. He has explored all 50 states and 118 countries on all 7 continents and is the author of 26 books.*

Date: THURSDAY, July 23  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Pat Eldean

### SMT05 – Conservation of Vernal Pools in Michigan

Vernal pools are small, ephemeral wetlands that fill with water from rains and snow melt in the early spring and become dry throughout the summer and fall. They play an outsized and often overlooked role in the temperate forest. Abby Pointer will describe basic vernal pool ecology, explain the contributions and importance of vernal pools to the larger forest ecosystem, and report what we are doing in Michigan to work towards their conservation.

*Abby Pointer works for the Michigan Nature Association, a statewide land conservancy, as the Michigan Vernal Pools Partnership coordinator. The Michigan Vernal Pools Partnership focuses on the conservation, research, mapping, and education about vernal pools. Pointer is passionate about the diversity of relationships humans have with the natural world, a passion fostered by her degree in conservation biology from Michigan State University.*

Date: WEDNESDAY, July 29  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: David Van Appledorn

### SMT06 – Learn How Personality Traits are Revealed in Handwriting

George F. Jacob will review the wide variety of professional ways certified handwriting experts are employed in our society. He will reveal exactly how a properly trained analyst can instantly gain insights into a person's personality traits simply by viewing a sample of their handwriting. HASP scholars will have an opportunity to submit samples of their handwriting in advance of Jacob's presentation.

*HASP Member **George F. Jacob** is a retired school superintendent with a doctorate in school administration from Northwestern University. He received a BA from Hope College in biology and psychology and an MA in special education from Western Michigan University. Jacob has been a member of the International Graphoanalyst Society for many years and has spoken extensively on this topic to a wide variety of organizations.*

Date: THURSDAY, July 30  
Time: 9:30am - 11:00am  
Mode: CLASSROOM  
Cost: \$5.00  
Coordinator: Judy Parr

### ART03 – An Introduction to Hip Hop Dance

Jasmine Mejia will introduce the fundamentals of hip hop dance. She will include basic hip hop dance vocabulary, history, and movement. The course will begin with lecture and discussion in classroom 203/204. Then we will move into the dance studio in room 207 for a demonstration and an option to participate in the dance or just to observe.

If you plan to dance, please wear sneakers in order to protect the dance room floor.

Note: Meet at Hope College's Dow Center, 168 E. 13th Street, near Columbia.

*Jasmine Mejia is an assistant professor of dance and co-director of H2 Dance Company at Hope College. She has performed internationally as a member of various dance companies. Her choreography has been featured off-Broadway and in festivals, residences, and venues nationwide. Jasmine received a BFA in dance and choreography from Virginia Commonwealth University and an MFA from NYU's Tisch School of the Arts.*

Date: THURSDAY, July 30  
Time: 1:00pm - 2:30pm  
Mode: OFFSITE (Hope College's Dow Center, 168 E. 13th Street, near Columbia.)  
Cost: \$5.00  
Coordinator: Jean Martin

### SOC09 – A Short History of Doubt

We have all had moments of awareness and doubt when what we once thought to be true is no longer true, resulting in global and personal mind changes. Join Dave Kampfschulte as we travel this fascinating, centuries-long path of change from childhood's belief in Santa Claus to adulthood's understanding of Darwin. What we once believed has likely evolved into our current beliefs. We will consider such changes and their effects on our lives.

*Dave Kampfschulte is director of Amazing Circles Workshops, a nationally known speaker, and author of I'm Dying to Talk with You: Twenty Five Years of Conversations on End of Life Decisions. Using his empathy, humor, energy, and over 45 years as an educator, Kampfschulte presents interactive workshops to professionals and general audiences. He has an MA in education, is an instructor with Aquinas College's Osher Lifelong Learning Institute, and is a long-time hospice volunteer. He has received an Excellence in Teaching award from the East Grand Rapids Schools Foundation.*

Date: MONDAY, August 3  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Kathleen Kennedy

### **SMT15 – *Brainstorm: Navigating Life with Chronic Migraine***

Susan Ryan will share what she learned from six decades of living a full life despite chronic pain. She wrote the book *Brainstorm: Navigating Life with Chronic Migraine* to offer hope and to help others become better informed advocates for themselves. Though we all experience pain as part of our human experience, what we do with it makes a difference in our quality of life. Though pain feels solitary, we are not alone. We are here to live each day as fully as possible.

*HASP member **Susan Ryan** graduated from the University of Michigan, where she studied pharmacy, chemistry, and life sciences. She enjoyed a 30 year career in medical sales, with 25 years at Medtronic as a heart valve specialist. Upon retiring, she completed an MFA in writing at Spalding University.*

Date: MONDAY, August 3  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Jane MacPherson

### **SMT11 – Obesity and Metabolic Disease**

Kasey Nadolsky will provide an overview for the lay audience of the complex pathology of obesity and various metabolic diseases. Participants will gain a foundational understanding of the pathology of obesity, including how it leads to insulin resistance, and contributes to the development of type 2 diabetes, cardiorenal (heart/kidney) disease, and fatty liver disease. He will also describe various strategies for management and prevention.

***Kasey Nadolsky**, a graduate of West Ottawa High School, earned a BS degree at Michigan State University, where he was an academic all-American and all-Big10 honoree. Nadolsky earned his DO at Nova Southeastern College of Osteopathic Medicine, completed a residency in internal medicine at the Portsmouth Naval Medical Center, and completed a fellowship in endocrinology at Walter Reed National Medical Center. He currently practices in Holland and is the director of the Endocrine Clinic.*

Date: TUESDAY, August 4  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: John Kobs

## **SOC12 – Doing History in the 1870s: The Michigan Pioneer and Historical Society**

In 1874, a group of history enthusiasts met in the state capitol to found the Michigan Pioneer Society. Over the next several decades, they developed the state’s first history museum and published the forty-volume *Michigan Pioneer and Historical Collection* anthology. Learn about their commitment to preserving Michigan stories and their enduring modern legacies, including the Michigan History Museum and the Historical Society of Michigan. Special attention will be paid to the contributions of West Michigan members.

*Valerie Marvin serves as the Director of Education and History at the Michigan State Capitol, a National Historic Landmark. A graduate of the University of Michigan (BA in Russian studies, 2005) and Eastern Michigan (MS in historic preservation, 2009), she lives with her husband David in a 1906 home in downtown Lansing.*

Date: WEDNESDAY, August 5  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Tom Glover

## **ART04 – Meet George Nelson: A Founder of American Modernist Design**

John Berry will inform us about George Nelson, a founder of American modernist design and a key to Herman Miller’s design legacy. Nelson, an architect, writer, and design theorist, shaped post-war American aesthetics through his “total design” philosophy from storage systems to corporate identity programs. A pivotal figure in American Modern design, Nelson is known for iconic furniture, the Marshmallow Sofa, Coconut Chair, and Ball Clock. Berry’s presentation will include PowerPoint slides, excerpts of Nelson’s own voice, and personal anecdotes.

*John Berry earned a BA from Indiana University and an MFA in graphic design from Cranbrook Academy of Art. He worked as vice president of Corporate Communications for Herman Miller for 16 years, and as liaison with the Eames and Nelson Office. Later in his career he led the Design Thinking Initiative for GVSU, reporting to the provost’s office.*

Date: THURSDAY, August 6  
Time: 9:30am - 11:00am  
Mode: CLASSROOM  
Cost: \$5.00  
Coordinator: Claudia Berry

## HUM02 – Christianity in the Holland Area 1830–67

Mary Ellen Miner has created a 60-minute video of the history of Christianity in the Holland area from 1830 to 1867. Topics covered in the video include Rev. George Smith, early Catholic influences, the arrival of Van Raalte, First Reformed, Second Reformed (Hope), Third Reformed, Central Avenue True Reformed, Methodist Episcopal, and Grace Episcopal churches

*HASP member **Mary Ellen Miner** received a BA degree from Hope College in 1965 and an MA from Calvin University in 1988. Before retiring, she taught mathematics for 20 years at Grand Rapids Christian High School and developed and implemented a program for high-functioning learning-disabled and ADHD students. Retirement has included traveling overseas; volunteering for the National Park Service; researching the history of Kinney County, TX; and producing and sharing videos with groups.*

Date: MONDAY, August 10  
Time: 9:30am - 11:00am  
Mode: CLASSROOM  
Cost: \$5.00  
Coordinators: Doug Brouwer and Jean Norden

## ART05 – Mithila Painting: A Fascinating Folk Art from India

Mithila painting is an internationally celebrated folk art tradition that has been practiced by women artists in Northeastern India for hundreds of years. Originally created to celebrate religious holidays and major life events, the paintings also offer the artists a way to express themselves creatively while earning income for themselves and their families. In this class, Kruizenga Art Museum Director Charles Mason will explain the historical evolution and current state of Mithila painting, using artworks from the KAM collection.

***Charles Mason** is the director and Margaret Feldmann Kruizenga Curator at Hope College's Kruizenga Art Museum. Before coming to Hope, he served variously as director and curator at museums in California, Ontario (Canada), Florida, and Ohio. Mason has a BA and an MA from Cambridge University in England and an MA from the University of California.*

Date: MONDAY, August 10  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Lynn Bekins

### **SMT09 – Hormone Therapy Revisited: Separating Myth from Modern Evidence**

Since the Women’s Health Initiative study made headlines in 2002, our understanding of menopausal hormone therapy has changed dramatically. Learn how early conclusions were overly broad, why age and timing matter, and how today’s hormone therapy is tailored by dose, delivery method, and individual health factors. Barbara DePree will discuss key differences between estrogen-only and combination therapy, and systemic versus local treatments. She will help us understand what hormone therapy means today—without fear or confusion.

*Barbara DePree completed her medical degree at Wayne State University School of Medicine and an OB/GYN residency at Spectrum Health—Butterworth Hospital. A board-certified OB/GYN, she practiced in Holland for 36 years and earned certification as a menopause provider through the Menopause Society. She served as director of Women’s Midlife Services at Holland Hospital for 20 years, focusing on perimenopause, menopause, and sexual health. In 2013, she was recognized as the NAMS-Certified Menopause Provider of the Year. NAMS is a certification granted to a licensed healthcare provider by the North American Menopause Society.*

Date: TUESDAY, August 11  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Jane MacPherson

### **SMT10 – Amazing World of Spiders: A Unique Relationship with a Jumping Spider!**

Bob McAndrews will discuss the what, why, and how of spiders. We will look at the eight-legged friends, with which we share the earth, through the eyes and experiences of “Bob the Spider Hunter,” as he’s known on his YouTube Spider channel. As a spider enthusiast, McAndrews teaches at nature centers, schools, and various other organizations. Can a spider actually learn or be taught? Come find out, and meet Judy, the jumping spider, and a few of his other “friends” for an up-close-and-personal look!

*Bob McAndrews grew up on the south side of Chicago. After receiving a BA degree from Hope College in 1972, he attended New Brunswick Theological Seminary and received an MDiv degree from Western Theological Seminary in 1976. He pastored in three churches, worked at Haworth and Herman Miller, and completed doctoral work at Western Theological Seminary in 2019. Now he teaches adult classes at Family Church in Holland and hunts, films, and teaches about spiders.*

Date: WEDNESDAY, August 12  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Bill Wells

## **HUM01 – The History of Character at Hope College: Morality, Theology, Americanization, Worldliness, and Culture**

Hope College has existed with a unique relationship to the prevailing forces of character upon higher education in America, accommodating Americanizing forces while also often holding firmly to moral codes steeped in the theology that brought Dutch immigrants to West Michigan in the first place. Chad Carlson will present trends related to character throughout Hope's history and the bearing they have on the college at present.

***Chad Carlson**, a 2003 graduate of Hope College, has been professor of kinesiology at Hope since 2014. In 2024 he received the Hope Outstanding Professor Educator (H.O.P.E.) Award. He is also the author of the book Making March Madness. His research is focused broadly on the socio-cultural aspects of sport. His areas of specialization and interest include the philosophy of sport, the history of sports, the role of sports in cultural trends, and the connection between sports and Christianity.*

Date: WEDNESDAY, August 12  
Time: 1:00pm - 2:30pm  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Mark Rider

## **SOC11 – The People of Ukraine and the Ukraine War**

Bob Wood will share his recent, first-hand experiences in Ukraine, first as a volunteer offering assistance wherever he could be useful and later as a faculty member. He will also introduce several of his Ukrainian students at Catholic University in Lviv, who will share their own experiences of living in a war zone. Those students will also provide a PowerPoint presentation outlining current developments in diplomacy and in the war.

***Bob Wood** earned a BA in history from Michigan State University and an MA in political science from Western Michigan University. He has taught social studies and government courses in high schools in Seattle and Muskegon as well as at Muskegon Community College. Wood divides his time between his home in Grand Haven, Michigan, and Lviv, Ukraine, where he teaches in the Center of Modern Foreign Languages at Ukrainian Catholic University.*

Date: THURSDAY, August 13  
Time: 9:30am - 11:00am  
Mode: HYBRID  
Cost: \$5.00  
Coordinator: Randall Miller

## SMT12 – New Holland Brewery Production Tour

Participants will take a guided tour of the production complex of New Holland Brewery led by New Holland Brewery guide staff. Scholars will witness the processes of craft beer production from raw ingredients to packaging and learn about the various stages of production.

Note: The New Holland Brewery is located at 684 Commerce Ct., Holland. Meet at the two picnic benches in front of the facility. Participants will be required to wear closed-toe footwear, safety glasses, and hair nets. Hair nets can be provided. Bring your own safety glasses or borrow them from the brewery.

*Dave White* is the vice president of production operations and facilities at the New Holland Brewery. Guides: *Jason Salas* is the director of production operations. *Chad Monteith* is the brewery production manager. *Colin Bradley* is the quality control technician.

Date: THURSDAY, August 13  
Time: 1:00pm - 2:30pm  
Mode: OFFSITE (New Holland Brewery, 684 Commerce Ct., Holland, MI 49424. Meet at the two picnic benches in front of the facility.)  
**Limit: 30**  
Cost: \$5.00  
Coordinator: David Van Appledorn

**Special Instructions:** Participants will be required to wear closed-toe footwear, safety glasses and hair nets while on the tour to meet safety standards. These can be provided but if you have your own safety glasses please bring them.

**REGISTRATION OPENS: WEDNESDAY, JUNE 3, 2026, at 9:00am**  
**[www.hope.edu/hasp/classes](http://www.hope.edu/hasp/classes)**

COURSE TITLE	SESSIONS	DATES / TIMES	MODALITY	COST	PAGE	INTEREST?	INTEREST?
SOC10 - Christian Nationalism	2	MON, Jun 15, 22 (1:00pm)	HYBRID	10.00	7		
SMT02 - EV Battery Remanufacturing	3	TUE, Jun 16 (9:30am), WED, Jul 8 (9:30am), <b>OR</b> THU, Aug 6 (1:00pm)	OFFSITE	5.00	8		
HUM03 - Rules of Warfare	2	TUE, Jun 16, 23 (1:00pm)	HYBRID	10.00	8		
SMT07 - Beers Criteria for Medicines	1	WED, Jun 17 (1:00pm)	HYBRID	5.00	9		
ART01 - Verplank Summer Rerun Theatre	5	THU, Jun 18, 25, Jul 2, 9, 16 (9:30am)	CLASSROOM	5.00/Sess.	10		
SOC01 - D-Day and Bedford, VA	1	THU, Jun 18 (1:00pm)	HYBRID	5.00	11		
SMT04 - New Therapies in Cardiology	1	MON, Jun 22 (9:30am)	HYBRID	5.00	11		
SOC07 - Patient Advocacy	1	TUE, Jun 23 (9:30am)	HYBRID	5.00	12		
SMT03 - Passenger Pigeons	1	WED, Jun 24 (9:30am)	HYBRID	5.00	12		
SOC08 - Holland Armory at 100	1	WED, Jun 24 (1:00pm)	HYBRID	5.00	13		
SOC06 - Highway 41 History	1	MON, Jun 29 (9:30am)	CLASSROOM	5.00	13		
HUM06 - A Lesbian's Memoir	1	MON, Jun 29 (1:00pm)	HYBRID	5.00	14		
SMT01 - Volcanology 101	1	THU, Jul 2 (1:00pm)	HYBRID	5.00	14		
SMT13 - Smartphone Photography	2	MON, Jul 6, 13 (1:00pm)	CLASSROOM	10.00	15		
SOC13 - Presidential Elections	1	WED, Jul 8 (1:00pm)	HYBRID	5.00	15		
SOC04 - Mindfulness Meditation	2	MON, Jul 13, 20 (9:30am)	CLASSROOM	10.00	16		
HUM08 - Nonfiction Books: <i>On Tyranny</i>	1	TUE, Jul 14 (9:30am)	CLASSROOM	5.00	16		
SOC03 - Chinese Tea	1	WED, Jul 15 (1:00pm)	CLASSROOM	7.00	17		
SMT08 - From Grain to Glass	1	THU, Jul 16 (1:00pm)	OFFSITE	5.00	17		
HUM07 - Writing Our Own Obituary	2	MON, Jul 20, 27 (1:00pm)	CLASSROOM	10.00	18		
SMT14 - Managing Headache Disorders	1	TUE, Jul 21 (9:30am)	HYBRID	5.00	18		
SOC02 - Capital Monuments	1	TUE, Jul 21 (1:00pm)	HYBRID	5.00	19		
HUM05 - Planning Your Funeral	1	WED, Jul 22 (1:00pm)	CLASSROOM	5.00	19		
SOC05 - Sumo	1	THU, Jul 23 (9:30am)	HYBRID	5.00	20		
ART02 - Foods We Love	1	THU, Jul 23 (1:00pm)	HYBRID	5.00	20		
SMT05 - Conserving MI's Vernal Pools	1	WED, Jul 29 (9:30am)	HYBRID	5.00	21		
SMT06 - Personality in Handwriting	1	THU, Jul 30 (9:30am)	CLASSROOM	5.00	21		
ART03 - Hip Hop Dance	1	THU, Jul 30 (1:00pm)	OFFSITE	5.00	22		
SOC09 - History of Doubt	1	MON, Aug 3 (9:30am)	HYBRID	5.00	22		

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**REGISTRATION OPENS: WEDNESDAY, JUNE 3, 2026, at 9:00am**  
**[www.hope.edu/hasp/classes](http://www.hope.edu/hasp/classes)**

SMT15 - Living with Chronic Migraine	1	MON, Aug 3 (1:00pm)	HYBRID	5.00	23		
SMT11 - Obesity and Metabolic Disease	1	TUE, Aug 4 (1:00pm)	HYBRID	5.00	23		
SOC12 - MI Pioneer & Historical Society	1	WED, Aug 5 (9:30am)	HYBRID	5.00	24		
ART04 - George Nelson, Designer	1	THU, Aug 6 (9:30am)	CLASSROOM	5.00	24		
HUM02 - Christianity in Holland, MI	1	MON, Aug 10 (9:30am)	CLASSROOM	5.00	25		
ART05 - Mithila Painting	1	MON, Aug 10 (1:00pm)	HYBRID	5.00	25		
SMT09 - Hormone Therapy Revisited	1	TUE, Aug 11 (9:30am)	HYBRID	5.00	26		
SMT10 - Amazing World of Spiders	1	WED, Aug 12 (9:30am)	HYBRID	5.00	26		
HUM01 - History of Character at Hope College	1	WED, Aug 12 (1:00pm)	HYBRID	5.00	27		
SOC11 - Ukraine Update	1	THU, Aug 13 (9:30am)	HYBRID	5.00	27		
SMT12 - New Holland Brewery Tour	1	THU, Aug 13 (1:00pm)	OFFSITE	5.00	28		