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Monthly Newsletter

July 2019

Website: [www.hope.edu/hasp](http://www.hope.edu/hasp)

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Kim Mendels, Director; Amy Berarducci, Office & Project Manager

**MONTHLY PROGRAM**    *Monthly Program Chair: Claudia Berry, [jcberry@sirus.com](mailto:jcberry@sirus.com), 616.399.2538*

**Date:**            **Tuesday, July 9, 2019**            (note date)  
**Time:**            **9:00 am Refreshments, 9:30 am Program**  
**Place:**           **Jack H. Miller Center for Musical Arts Auditorium**  
**Program:**        **“be nice .” movement, presented by Jeff Elhart, President and owner of Elhart Automotive Campus**

In 2015, one family took a difficult and painful experience and raised funds to drive the [be nice movement](#). Jeff Elhart of Elhart Automotive in Holland lost his brother and business partner, Wayne Elhart to depression. In response, Jeff and his family have been on a transformative journey of grief, understanding and hope. Elhart led the charge to fund a program that creates a positive, cultural change through simple, daily actions.

The Elhart family has poured themselves into the cause of bringing mental illness awareness and suicide prevention to West Michigan almost immediately after Wayne’s death through the collaboration with the Mental Health Foundation of West Michigan and their trademarked education program called “be nice.” Through the formation of five donor advised funds throughout West Michigan, the Wayne Elhart be nice. Memorial Fund has provided hundreds of thousands of dollars in support to bring this much needed education to K-12 schools, businesses and churches.

According to the Mental Health Foundation of West Michigan, one in five people will develop a mental health condition at some point during their lives, and 50 percent of all mental illnesses develop by the age of 14. Mental illness is the cause of 90% of deaths by suicide.

**be nice.**, a product of the Mental Health Foundation of West Michigan, is a self-starting curriculum and kit for schools, communities and businesses that provides comprehensive mental health education for elementary, middle and high school students. It also complements other mental health initiatives already established within the schools.

Jeff Elhart is the president and owner of Elhart Automotive Campus, a family-owned dealership founded in 1965 and located in Holland, Michigan. Jeff is a graduate of General Motors Institute with a degree in marketing and finance. Besides running the dealership and serving as the Chairman of the Board for the Mental Health Foundation of West Michigan, he is involved with Christ Memorial Church, past Commodore of the Macatawa Bay Yacht Club and former president of the Holland Area Chamber of Commerce and the Holland Economic Development Corporation.

**Upcoming Monthly Programs:**

August 6: Mark Worrall, MDEQ “Our Environment History, Do We Understand the Risk” PFAS and groundwater contamination

## **MEMBERSHIP**

**Membership Chair: Carla Ver Schure, [verschure@sbcglobal.net](mailto:verschure@sbcglobal.net), 616.392.5666**

We welcome the following new members:

### **MARY BERENDS**

Profession: LPN  
Education: Community College  
Hobbies: Traveling, reading, volunteering at school  
Mentor: Sandy Buller

### **JANICE DE JONGE**

Profession: Registered Nurse  
Education: Grand Rapids Junior College  
Hobbies: Reading, traveling  
Mentor: Kathy Beal

### **CAROLJEAN KING**

Profession: Real Estate, Cosmetology-Nursing- Education  
Education: Hope College, Michigan State  
Hobbies: Nutrition, cooking, gardening, dance  
Mentor: Janet Huyser

### **CAROLE MC LEAN**

Profession: Banking-Executive Secretary  
Education: Bakersfield Junior College, National Louis University  
Hobbies: Swimming, outdoor activities, quilting, traveling  
Mentor: John & Mary Nonhof

### **DAVID ROMAN**

Profession: School Psychology, Re-modelor/cabinet maker, Kitchen Designer  
Education: Michigan State University, Bowling Green State University  
Hobbies: Remodeling, woodworking, skiing, Enneagram Personality System  
Mentor: Bill Kendrick

### **ROBERT TREES**

Profession: Purchasing Manager  
Education: Syracuse University  
Hobbies: Fishing, golf, hiking, card games  
Mentor: Linda Heath-Trees

### **KRISTI VAN HOWE**

Profession: Caseworker, communications, executive director  
Education: Michigan State University  
Hobbies: Yoga, travel, reading  
Mentor: Carol Dirkse

## ***Sympathy***

*We extend our sympathy to the family and friends of the following HASP members:*

*Mary Louise Avery –Mary Louise joined HASP in February of 2012 after working in fundraising and as a teacher. She passed away on June 12, 2019. Her husband Jim is a HASP member.*

*Ralph Kickert –Ralph joined HASP in October of 2014 after a career as agency director and chief probation officer. He passed away on June 14, 2019. His wife Ruby is a HASP member.*

## **New Member Orientation**

The next New Member Orientation will be held **Wednesday, September 11 at 9:30am**, in the HASP classroom. If you joined HASP since May you will be receiving an email invitation and details. If you became a member previously but have not had the opportunity to attend an orientation, we encourage you to join us as well. This informal gathering is a time to meet other new members, enjoy a light brunch, and learn more details about all the opportunities available through HASP membership.

## **CURRICULUM**

***Curriculum Chair: Sharon Arendshorst, [snarendshorst@gmail.com](mailto:snarendshorst@gmail.com), 616.335.3132***

Summer courses are now in full swing. HASP members are participating in 31 courses in addition to attending interesting monthly programs, participating in Special Interest Groups (SIGs) and the Special Events that are offered this summer. The Curriculum Subcommittees of Fine Arts; Humanities; Science, Medicine, and Technology; and Social Sciences are already finalizing courses for the fall program. Fall term will run from September 16 through December 6.

All the subcommittees are eager to receive ideas for courses to present in future terms. Do you have a subject of expertise you'd like to present to HASP members? Have you pursued an area of interest that would make for an engaging HASP course or do you know of a fellow HASP member who has? As a peer-led organization, HASP encourages its members to be our teachers and facilitators in our quest for learning. We are also fortunate to have excellent educators at Hope College and throughout western Michigan whom we can tap to fulfill our educational mission. Have you heard an engaging speaker on a topic you believe would be of interest to our members? Please contact any of the following chairpersons with your curriculum thoughts, questions and ideas. Let us continue to engage, grow and be challenged as we learn together.

### **Curriculum Committee contact info:**

**All committees are accepting proposals for fall 2019 courses through mid July!**

Curriculum Chair: Sharon Arendshorst, [snarendshorst@gmail.com](mailto:snarendshorst@gmail.com)

Fine Arts: Sarah Briggs – [sarahbriggs969@gmail.com](mailto:sarahbriggs969@gmail.com) 517-449-5818

Humanities: Co-Chairs David Brower – [davidangusbrower@hotmail.com](mailto:davidangusbrower@hotmail.com) 616-688-7356  
and Judy Parr – [parr.judyandbill@gmail.com](mailto:parr.judyandbill@gmail.com) 616-546-3424

Science, Technology & Medicine: Bruce Bassett, [bruce-b@sbcglobal.net](mailto:bruce-b@sbcglobal.net), 847.542.7449

Social Sciences: Mike Economos – [mikeeconomos@gmail.com](mailto:mikeeconomos@gmail.com) 269-857-1248

### **SIG (Special Interest Groups)**

HASP Hikers: The HASP Hiking group met on June 17 to plan hikes in Ottawa and Allegan Counties for July 19 and 26, August 2 and 22, and September 6. If you are interested in learning more about the times and places for HASP hikes, send your email address to Judy Parr at [parr.judyandbill@gmail.com](mailto:parr.judyandbill@gmail.com)

## **COMMUNICATIONS**

***Communications Chair: Andree Keneau, [adionkb@gmail.com](mailto:adionkb@gmail.com), 616.786.0033***

If you would like a copy of the HASP Review 2019, there are copies available for you to pick up just outside of the HASP classroom on the shelf.

**SERVICE**

**Service Chair: Maura Reynolds, mreynolds@hope.edu, 616.392.2874**



**Volunteer Needs at Holland Free Health Clinic**

[Holland Free Health Clinic](#) provides services to address the unmet health needs of the homeless, disabled, working poor, and unemployed in our community.

Can you

- Help with data entry, done at the Clinic (99 West 26th Street) at times that work for you
- Check clients into and out of the vision clinic. Clinics are held on Mondays, and dates are set by volunteer optometrists and ophthalmologists. Volunteers for morning and afternoon shifts are needed.

If you can help, please contact Kim Jennings [kjennings@hfhclinic.org](mailto:kjennings@hfhclinic.org) or 616.392.3610 ext 201

**SPECIAL EVENTS**

**Special Events Chair: Judie Zylman, jazie3@gmail.com, 616.566.0412**

**REGISTRATION FORMS FOR EVENTS ARE NEAR THE BACK OF THE NEWSLETTER**

To sign up- Please fill out and return to office with cash or check payment (made out to Hope College)

Special Events registration cannot be done online at this time

All of our trips leave from the Ray & Sue Smith Stadium parking lot (13<sup>th</sup> & Fairbanks) unless otherwise noted

Please put your HASP parking tag in your vehicle when parked for a Special Event

**August ~ State Capitol and Michigan History Museum**

**Wednesday August 21, 2019**

**Depart 8:15am, Return approx. 4:00pm**

**Cost: \$35 pp**

Please join us for a visit to our State Capitol and the Michigan History Museum on Wednesday, August 21, 2019. Every year the Michigan State Capitol welcomes over 115,000 people including tourists, schoolchildren, and families that tour the building with a guide or independently. While at the Capitol visitors have the opportunity to watch the legislature meet for session, and hopefully our four area Congress People will meet with us briefly. They are Senators Roger Victory and Eric Nesbitt and Representatives Mary Whiteford and Bradley Slagh. You will also be able to admire the nine acres of hand-painted decorative art, and learn stories from Michigan's past. The flagship of the Michigan History Museum System, the Michigan History Museum offers you Michigan's rich past, from the time of the state's earliest peoples to the late 20th century.

We will leave the Ray and Sue Smith Stadium at 8:15 am. Visit with HASP members and enjoy a Hope catered box lunch about 11:45 at the Museum for all participants. We expect to be back at the Stadium by 4:00 pm. Cost for the day trip is \$35 per person.

Please contact event coordinator Judie Zylman at [jazie3@gmail.com](mailto:jazie3@gmail.com) or 616.566.0412 if any questions.

**September ~ 56<sup>th</sup> Annual Marshall Historic Home Tour**

**Saturday, September 7, 2019**

**Depart 8:00am, Return approx. 6:15pm**

**Cost: \$40 pp**

Join your HASP friends in a self-paced tour of historic homes, museums, commercial buildings and churches in Marshall, MI, (such as Honolulu House Museum built in 1860, Governor's Mansion built in 1839, First Baptist

Church erected 1850-51, American Museum of Magic which showcases hundreds of Houdini and other magician's treasures). Additional information available at: [www.marshallhistoricalsociety.org](http://www.marshallhistoricalsociety.org).

As participants board the bus, they will receive a brochure (which is also your ticket) which contains a map and detailed descriptions of all places on the tour. This will enable participants to plan their day and tour route in advance. The brochure also reflects shuttle bus stops for the free service to transport people from place to place. Knowledgeable docents share interesting tidbits, as well as answer questions at each place. A juried fine arts and crafts fair surrounds the downtown circle, and food/snack venues are located around town.

Lunch is on your own and self-pay. When participants board the bus, they will receive the Schuler's Restaurant Special Event menu, along with a list of other dining options.

Please note that this trip involves a lot of walking and some stairs. With our planned 4:45pm departure from Marshall, MI our estimated return arrival in Holland at Smith Stadium is 6:15pm. Cost is \$40 per person, which is due with your reservation. Deadline to sign up is Wednesday, 9/4/19.

Please contact event coordinators if you have questions: Char McKenzie 309.310.2981, [charmckenzie1@aol.com](mailto:charmckenzie1@aol.com)  
Hugh Ivany 309.825.9798, [hughivany@yahoo.com](mailto:hughivany@yahoo.com)

### **October ~ M-119 Tunnel of Trees Color Tour**

**Tuesday, October 8-Wednesday, October 9, 2019; Signup Deadline Sept. 6, 2019**

**Depart 8:00 am October 8; Return approx. 9:30 PM October 9**

**Cost: \$150/pp Double Occupancy & \$230/pp Single Occupancy**

Enjoy a fall color tour to see Northern Michigan's Tunnel of Trees along M-119. This scenic road winds from Harbor Springs to Cross Village and is especially breathtaking in autumn when the hardwoods along it are aflame in fall color. Your two-day trip includes transportation and an overnight stay with breakfast included at Stafford's Perry Hotel within walking distance of many downtown Petoskey landmarks and galleries.

We will arrive on day 1 at the Petoskey hotel by early afternoon where you are free to explore downtown on your own for lunch and dinner.

On day 2, our itinerary along highway M-119 will include a visit to a Glassworks studio for a demonstration of glassblowing art before reaching Cross Village. In Cross Village, visit the Three Pines Art Studio and have authentic Polish food at the historic Legs Inn that sits on a bluff overlooking Lake Michigan and visit the garden and curio gift shop. The trip home will include a visit to the Pond Hill Farm near Harbor Springs which is an agritourism destination with a winery, brewery, café and market. Lunch and dinner are on your own.

This trip will depart Tuesday, October 8, 2019 at 8:00 A.M. and return Wednesday, October 9 about 9:30 P.M. Price is \$150/pp double occupancy and \$230/pp single occupancy. RSVP and payments due before September 6, 2019.

Questions? Contact Chet Pawlak, tel. 616-610-6324 or Email [pawlakcj@gmail.com](mailto:pawlakcj@gmail.com)

### **Future HASP Special Events**

The Special Events Committee would like to make you aware of the trips that they are planning in addition to the ones listed above. Registration and details for these trips will be available in future newsletters. But for now, pencil them in on your calendar!

November 12 – Muskegon Shoreline

**The Global Travel Program Pat Van Wylen, [vanwylenp@hope.edu](mailto:vanwylenp@hope.edu), 616.395.6856**

The next trip is to New Zealand: December 27, 2019-January 13, 2020. There are still a few openings.

For questions or information visit the website at <https://hope.edu/alumni/resources-services/global-travel/> or contact Pat, at phone number or email listed above.

**OFFICE/DIRECTOR NEWS Kim Mendels, [mendels@hope.edu](mailto:mendels@hope.edu), 616.395.7919**

- **Summer Hours:** Monday – Thursday, Closed on Fridays
- **Office Closed the week of July 1-5 for the holiday**
- **Artwork in the classroom:** The featured artists for July will be art submitted for the HASP Review cover from various HASP artists.

**Reminder – Fiscal Year 2020 Membership Renewal/Cancellation**

Beginning now you may renew or cancel your HASP membership for Fiscal Year 2020 (July 1, 2019-June 30, 2020) online. The process is fairly simple, you click if you are renewing membership or cancelling and it will direct you appropriately.

**Renewals:** Complete the personal information section and indicate any interest in committees or curriculum or office assistance.

**Cancellations:** If you no longer find yourself able to be a HASP member, we ask that you fill out this portion.

**Payment-** when renewing, you may pay in one of two ways:

- Mark the box to pay online via credit card OR
- Mark the box that you will send a check into the office

**Renewal Deadline:** Please renew and pay by **July 15, 2019**

Honorary/Lifetime Members or Distinguished Service Award recipients: If you are an honorary/lifetime member or a Distinguished Service Award recipient and do not pay dues, please mark the box that says that you are paying by check but do not send in a check and we will make note that you do not need to pay.

If you have questions or are having trouble, please call (616.395.7919) or stop in the office.

**Special Events Registration Forms:**

**State Capitol and Michigan History Museum**

**Wednesday, August 21, 2019**

**Cost: \$35pp**

**Name #1** \_\_\_\_\_ **Cell phone #:** \_\_\_\_\_

**Name #2** \_\_\_\_\_ **Cell phone #:** \_\_\_\_\_

**Emergency contact name** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**Box Lunch Selections:** (Please initial your choice)

\_\_\_\_\_ **Michigan Chicken Harvest Salad:** Mixed greens and romaine lettuce topped with grilled chicken, Michigan apple slices, Parmesan cheese, grape tomatoes, dried Michigan cherries and sugared whole pecans; finished with balsamic vinaigrette.

\_\_\_\_\_ **Dutchess Roast Beef Sandwich:** Brioche buns topped with roast beef, smoked gouda, lettuce, tomato and honey Dijon mayonnaise.

\_\_\_\_\_ **Vegetarian Whole Grain Wrap:** Whole grain wrap with black beans, tomatoes, shredded carrots, cucumbers, romaine lettuce, herbed alouette cheese and red pepper hummus

All lunches come with seasonal fruit, kettle chips and bottled water.

**Special Dietary Requests:** \_\_\_\_\_

**Marshall Historical Tour**

**Saturday, September 7, 2019**

**Cost: \$40pp**

**Name #1** \_\_\_\_\_ **Cell phone #:** \_\_\_\_\_

**Name #2** \_\_\_\_\_ **Cell phone #:** \_\_\_\_\_

**Emergency contact name** \_\_\_\_\_ **Phone #** \_\_\_\_\_

**M-119 Tunnel of Trees Color Tour**

**Tuesday, October 8-Wednesday, October 9, 2019**

**Cost: \$150pp Double Occupancy, \$230 pp Single Occupancy**

**Sign up Deadline: September 6**

**Name #1** \_\_\_\_\_ **Cell phone #:** \_\_\_\_\_

**Name #2** \_\_\_\_\_ **Cell phone #:** \_\_\_\_\_

**Emergency contact name** \_\_\_\_\_ **Phone #** \_\_\_\_\_