

# Healthcare is complex; *we are here to help make it easier!*

Health Advocate provides confidential support to help you make sense of healthcare and take control of your health.

Connect with us over the phone, online or through our mobile app for:

## Help with Medical Care

- ✓ Learn more about your **diagnosis** and treatment
- ✓ Get answers to your **questions** about medical conditions
- ✓ Find out the **latest research** and most advanced approaches to care
- ✓ Connect with the **right in-network doctors** and specialists, obtain second opinions

## Help with Administrative Issues

- ✓ Get **answers** to benefits, eligibility and coverage questions
- ✓ Navigate through **copays**, coinsurance and cost-sharing
- ✓ Get **assistance** transferring medical records
- ✓ **Untangle medical bills** and resolve claims and billing issues

## Help On the Go

- ✓ **Download our app** to access all of your Health Advocate benefits
- ✓ Get **informed** with health and wellness articles and more
- ✓ View **personalized advice** based on your health needs and goals
- ✓ **Check the status** of your Health Advocate cases, upload documents
- ✓ **View your case history** to access the information you need



Health Advocate is available at no cost to employees, spouses, dependents, parents and parents-in-law. Completely confidential.

Turn to us—we can help.



**866.695.8622**

Email: [answers@HealthAdvocate.com](mailto:answers@HealthAdvocate.com)  
Web: [HealthAdvocate.com/members](http://HealthAdvocate.com/members)

Download the app today!



We're not an insurance company. West's Health Advocate Solutions is not a direct healthcare provider, and is not affiliated with any insurance company or third party provider.

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