



Group Classes

Including Zumba , Hot Yoga, Easy Does It, Boot Camp & More!

Weight & Cardio Equipment

Locker & Shower Facilities

Personal Training

Childcare

Tanning

Indoor Track

www.girlfriendsfitclub.com

616-399-9086

NEW LOCATION!

2975 West Shore Drive, Holland



HOPE STAFF AND FAMILY RATES

12 Month Membership: \$30 per month

Unlimited Childcare: \$20 per month

Unlimited Tanning: \$10 per month

Personal Training: 10% off

Nutrition Counseling: 10% off

