

# Ava Anderson

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## Objective:

To obtain 150 hours of clinical shadow experience within a hospital setting under a physical therapist beginning in May 20XX.

## Education:

**Hope College**, Holland, MI  
Bachelor of Arts in Exercise Science  
GPA: 3.45/4.00

Expected Graduation: May 20XX

## Certifications and Training:

- American Red Cross CPR and First Aid
- Blood Born Pathogen

## Relevant Experience:

Grand Valley Neurological Clinic, Allendale, MI December 20XX

### ***Outpatient Neurological***

- Supervised group exercise session to improve overall physical and mental health of patients with neurological disorders
- Engaged with speech pathologist to communicate observations

Genesee Valley Physical Therapy, Grand Rapids, MI August 20XX

### ***Outpatient Orthopedic***

- Observed a wide variety of techniques to address patient needs, and referral services that assist with patient care
- Participated in a treatment team meeting to share ideas about program improvements

## Work Experience:

YMCA Summer Program, Grand Rapids, MI May - August 20XX

### ***Sports Coordinator***

- Planned and executed large-scale activities for over 200 campers
- Delegated responsibilities such as individual station planning to 20 camp counselors
- Managed end of summer special events which included group tournaments and awards ceremony

## Campus Involvement:

Hope College Women's Basketball Team, Holland, MI September 20XX - Present

### ***Assistant***

- Provide organizational support for coaches and trainers to facilitate their role
- Administer transportation of equipment and supplies for practice and away games
- Document and track team stats for all 30 team members throughout the season

Hope College Intramurals, Holland, MI Winter 20XX - 20XX

### ***Team Member***

- Competed in weekly volleyball and dodge ball games
- Collaborated with seven teammates to develop game plan
- Developed team work skills on and off the field