

# WHAT CAN I DO WITH A MAJOR IN... EXERCISE SCIENCE

## Possible Career Options

(some career areas require advanced education)

Aerobics Instructor  
Athletic Director  
Athletic Trainer  
Camp Director  
Coach  
Commercial Wellness Center Director  
Community Fitness Director  
Community Health Director  
Corporate Health Advisor  
Director of Recreation  
Employee Fitness Director  
Exercise Physiologist  
Fitness Center Director  
Gym Manager  
Health Educator  
Occupational Therapist  
Personal Trainer  
Pharmaceutical Salesperson  
Physical Education Teacher  
Physical Therapist  
Physicians Assistant  
Professional Team Trainer  
Professor  
Recreation Therapist  
Rehabilitation Specialist  
Sports Agent  
Sports Manager  
Sports Nutritionist  
Sports Psychologist  
Strength and Conditioning Coach  
Wellness Coordinator

## Professional Associations

**Aerobic and Fitness Association of America**  
[www.afa.org](http://www.afa.org)

**American Academy of Orthopedic Surgeons**  
[www.aaos.org](http://www.aaos.org)

**American Academy of Physician's Assistants**  
[www.aapa.org](http://www.aapa.org)

**American Alliance of Health, Physical Education,  
Recreation and Dance**  
[www.aahperd.org](http://www.aahperd.org)

**American Diabetes Association**  
[www.diabetes.org](http://www.diabetes.org)

**Academy of Nutrition and Dietetics**  
[www.eatright.org](http://www.eatright.org)

**American Heart Association**  
[www.americanheart.org](http://www.americanheart.org)

**American Occupational Therapy Association**  
[www.aota.org](http://www.aota.org)

**American Physical Therapy Association**  
[www.apta.org](http://www.apta.org)

**American Physiological Society**  
[www.the-aps.org](http://www.the-aps.org)

**Association for the Advancement of Applied  
Sport Psychology**  
[www.appliedsportpsych.org](http://www.appliedsportpsych.org)

**National College of Sports Medicine**  
[www.acsm.org](http://www.acsm.org)

**National Strength and Conditioning Association**  
[www.nscf-lift.org](http://www.nscf-lift.org)

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## Hope Graduates in the Exercise Science World

Physical Therapist .....	Agility Health Inc.
Activity Director .....	Alterra Sterling House
HealthCorps Member .....	AmeriCorps
Patient Care TechnicianC .....	adence Health
PA/Trainer .....	Cardinal Hill Rehabilitation Hospital
Yoga Instructor .....	Cascade Yoga Studio
Pediatric Physical Therapist.....	Children's Hospital of Michigan
Chiropractor .....	Chiropractic Unlimited
Postdoctoral Research Fellow.....	Cleveland Clinic
Running Specialist .....	Dicks Sporting Goods
Rock Climbing wall builder .....	Eldorado Wall Company
Sports Trainer .....	Excelration Physical Therapy and Sports Training
Registered Dietitian .....	Foote Hospital
Bio Oncology Specialist.....	Genentech
Assistant Dietary Director .....	Gowanda Nursing Home
Prosthetic Resident.....	Hanger Clinic
Massage Therapist .....	Harbor Health and Massage LLC
Health Screener .....	HealthFitness Corporation
Registered Nurse .....	Holland Hospital
Kinesiology Department.....	Hope College
Micro Lab Tech.....	Litehouse, Inc.
Rehabilitation Technician .....	Mary Free Bed Rehabilitation Hospital
Personal Trainer .....	MVP Athletic Club
Program Coordinator .....	National Kidney Foundation of Michigan
Strength and Conditioning Coach.....	Oakland Athletics
Fitness Specialist .....	Reynolds and Reynolds
Wellness Coordinator.....	Ridgeview Industries
Medical Assistant/Aesthetician .....	Roberts Dermatology Center
Speech Pathologist .....	The Futures HealthCore
Science Teacher .....	Traverse City Central High School
Football Coach .....	University of Connecticut
Strength Conditioning Coach.....	University of Georgia
Biomechanics Lab Manager.....	Wake Forest University
Management Analyst - Health Educator.....	Yamhill County Health and Human Services